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ΕΝΩΣΗ ΠΝΕΥΜΟΝΟΛΟΓΩΝ ΕΛΛΑΔΑΣ

ΕΤΗΣΙΟ ΣΥΝΕΔΡΙΟ



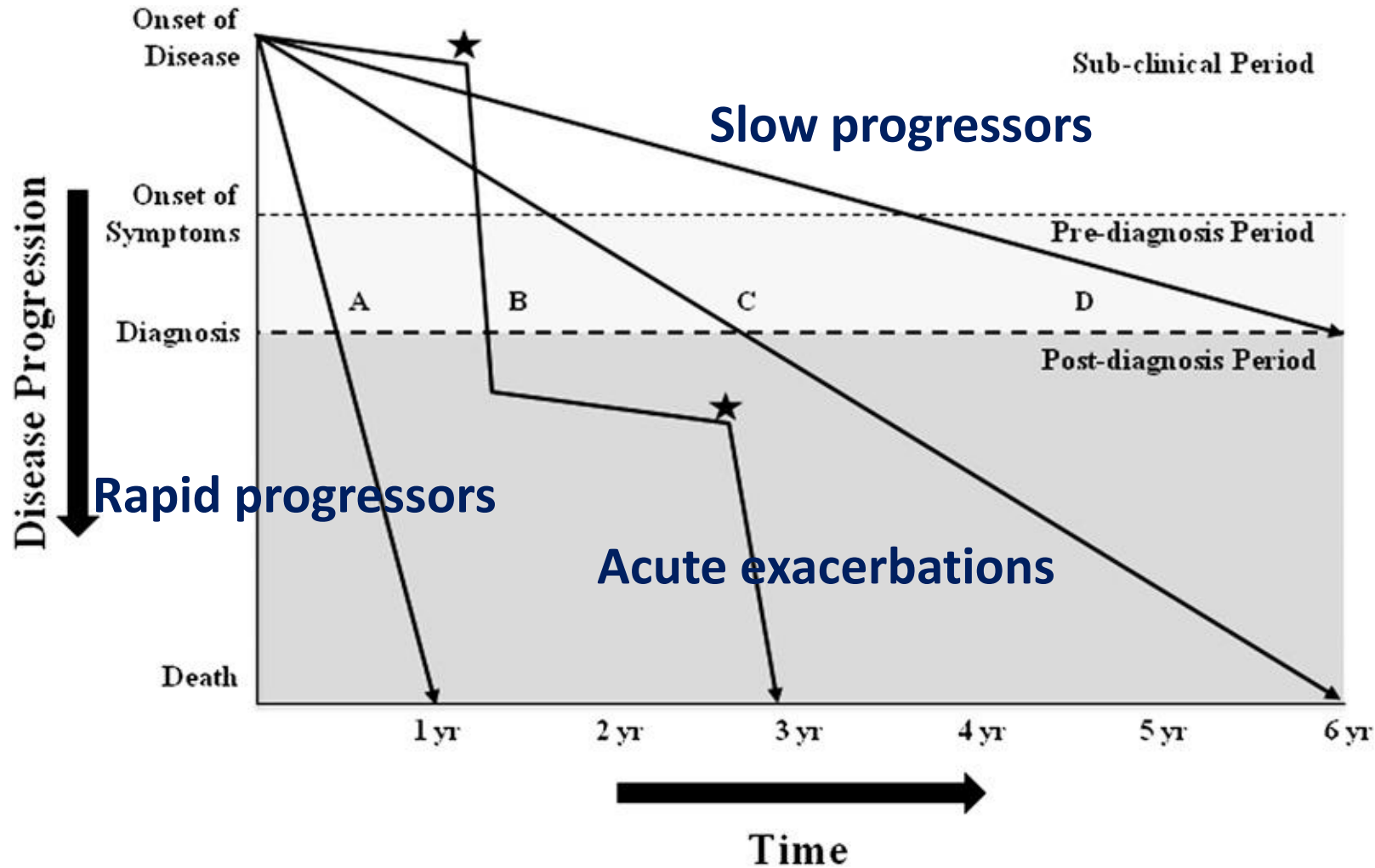
30 Μαΐου - 2 Ιουνίου 2019

Αθήνα, Ξενοδοχείο Royal Olympic

ΠΡΟΓΡΑΜΜΑ

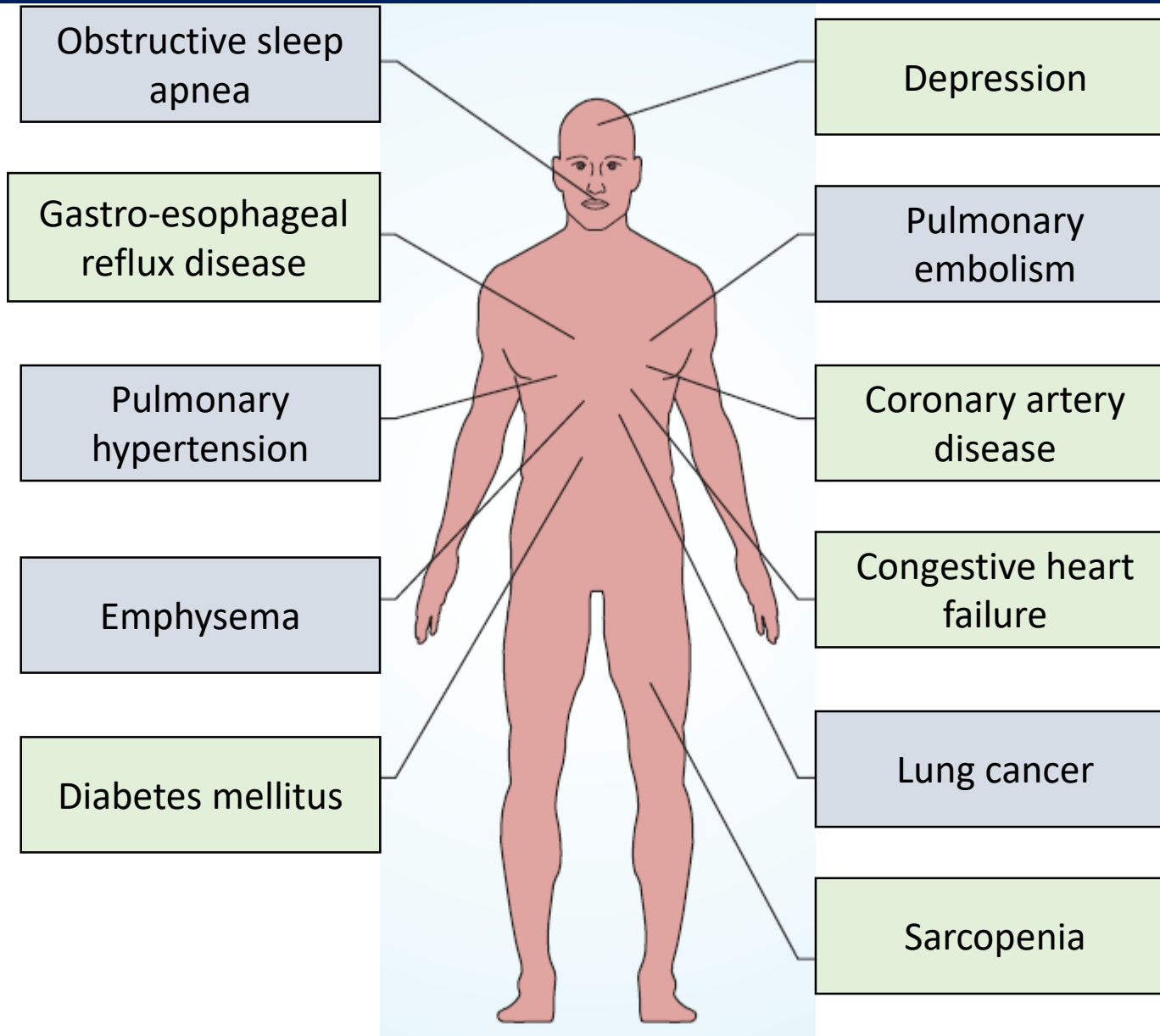


IPF - Highly unpredictable clinical course



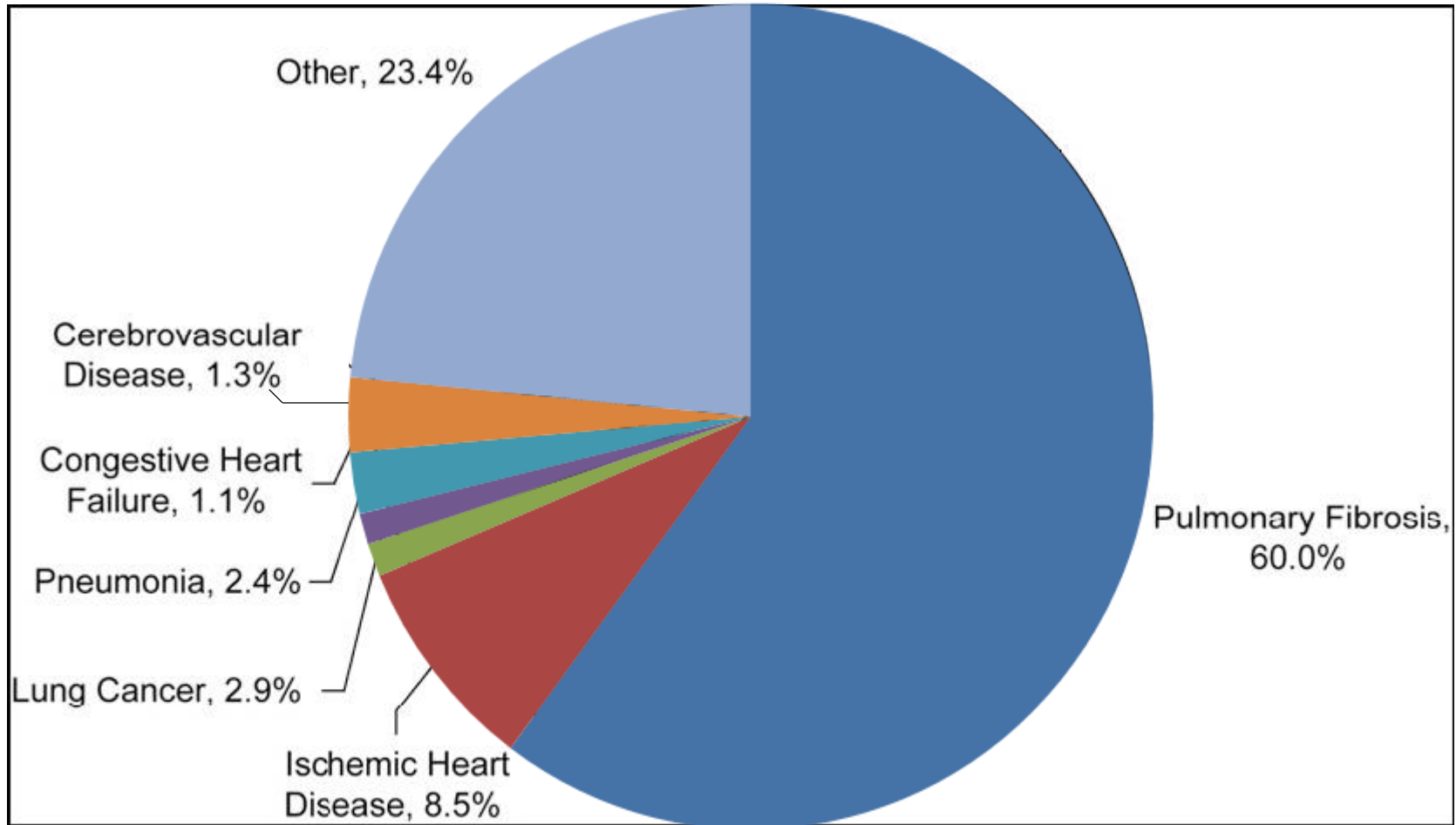


Comorbidities in IPF



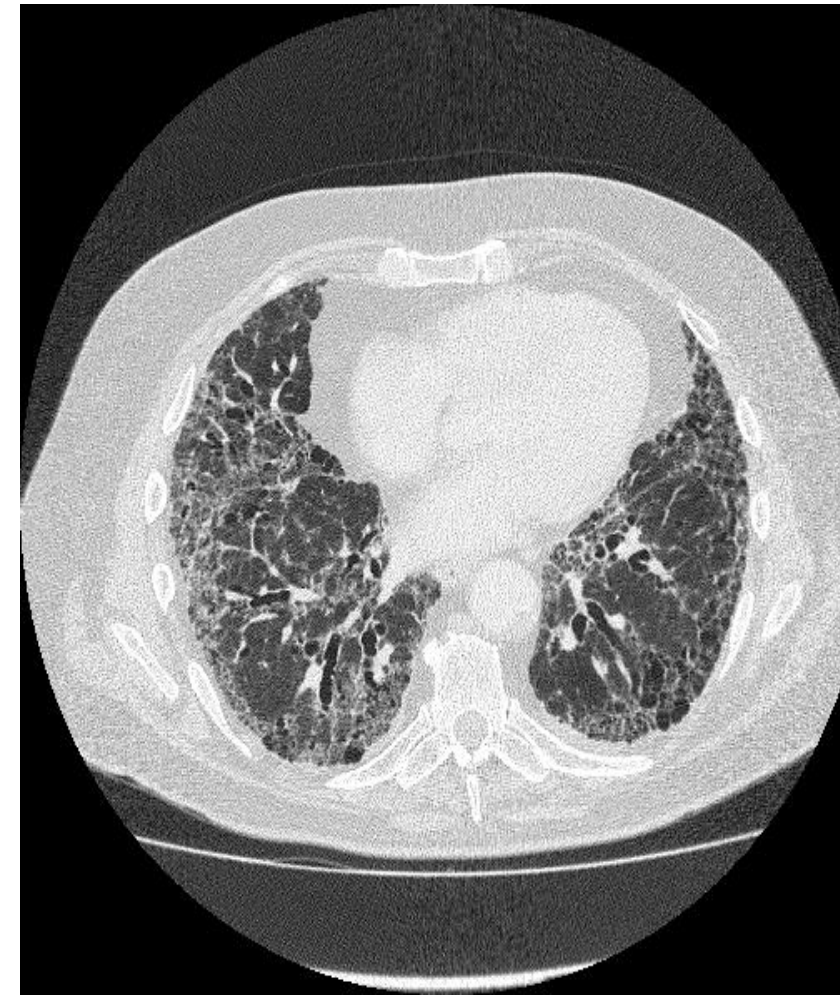
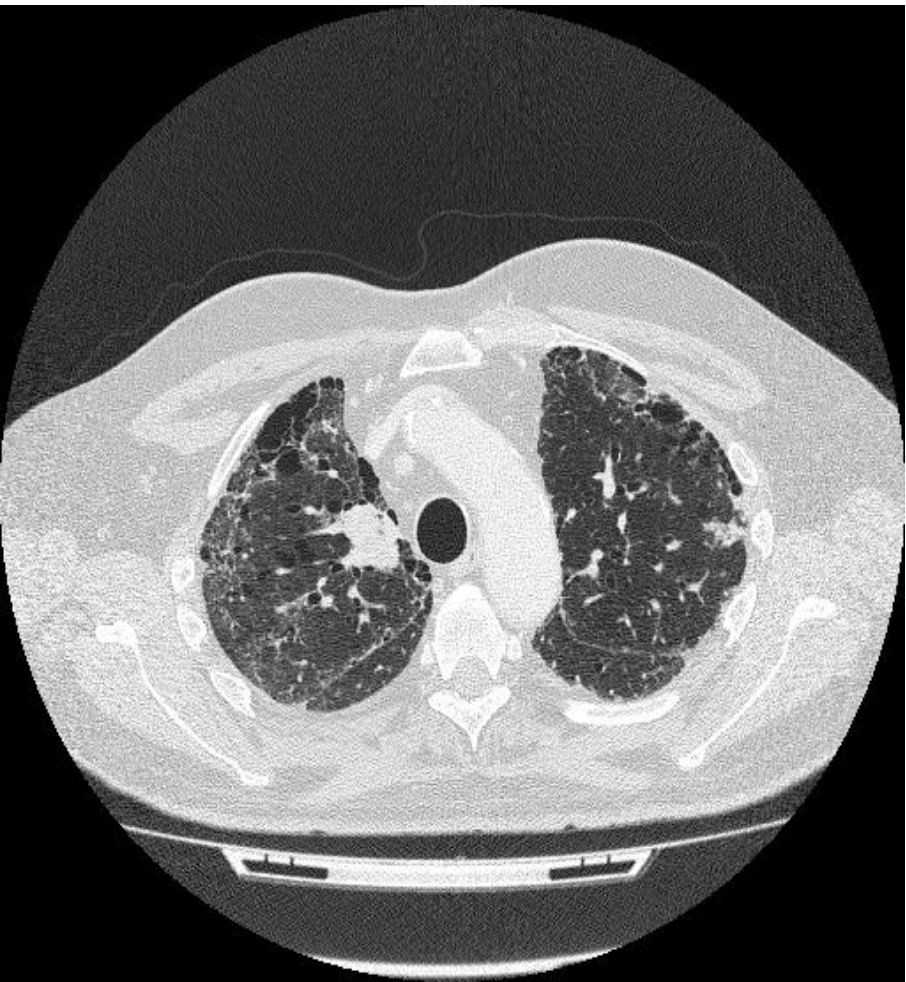


Mortality in IPF





Lung cancer in IPF





IPF RISK FACTOR FOR LUNG CANCER



Pulmonary Pharmacology & Therapeutics

Volume 45, August 2017, Pages 1–10



Lung cancer in patients with idiopathic pulmonary fibrosis

Theodoros Karamitsakos^a, Vasilios Tzilas^a, Rodoula Tringidou^b, Paschalis Steiropoulos^c, Vasilis Aidinis^d, Spyros A. Papiris^e, Demosthenes Bouros^a, Argyris Tzouvelekis^{a, d}  

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<http://doi.org/10.1016/j.pupt.2017.03.016>

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Επιδημιολογία καρκίνου πνεύμονα σε IPF **2.7 -31.3 %**

Table 1: Studies reporting prevalence of lung cancer in patients with IPF

Study	Number of patients with IPF	Incidence of lung cancer	Year
Nagai	99	31 (31.3%)	1992
Park	281	63 (22.4%)	2001
Le Jeune	1064	29 (2.7%)	2007
Ozawa	103	21 (20.4%)	2009
Kreuter	265	42 (16%)	2014
Tomassetti	181	23(13%)	2015

Πλακώδες καρκίνωμα ο πιο συχνός ιστολογικός τύπος σε IPF **(35-46%)**

Table 2: Studies reporting histologic predominance of lung cancer in patients with IPF

Study	Number of patients with IPF-lung cancer	SCC	ADC	Year
Nagai	31	45.2%	35.2%	1992
Park	63	35%	30%	2001
Kawasaki	53	46%	46%	2001
Ozawa	21	38%	29%	2009
Lee	70	40%	30%	2014
Kreuter	42	36%	31%	2014
Tomassetti	23	39%	35%	2015

Abbreviations. IPF: Idiopathic pulmonary fibrosis, SCC: Squamous cell carcinoma, ADC: Adenocarcinoma



RESEARCH ARTICLE

Lung cancer in idiopathic pulmonary fibrosis: A systematic review and meta-analysis

AliReza JafariNezhad¹✉, Mohammad Hossein YektaKooshali^{1,2}✉*

PLOS ONE | <https://doi.org/10.1371/journal.pone.0202360> August 16, 2018

- 35 (0.18% studies included)
- Prevalence of LC in IPF: 13.54% - x9 in men
- 38% SQCC, 31% ADC, 20% SmCC, 5%LCC, 4% Adeno-squamous
- 31% stage III, 13% stage II
- 84% peripheral area, 16% central – RLL most common

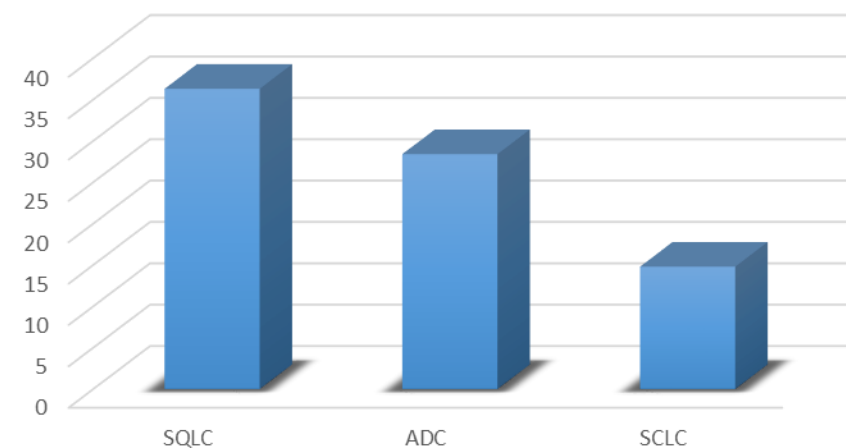


GREEK COHORT



CHARACTERISTICS	BASELINE DATA (N,%)
Total patients with IPF	835
Patients with IPF and lung cancer	88/835 (10.5%)
Males/ Females	82/6
Age (mean \pm SD), years	71.8 \pm 7.1
FVC %pred (mean \pm SD)	73.5 \pm 18.9
DLco %pred (mean \pm SD)	45.3 \pm 15.6
Both lung and other type of cancer	6/88 (7%)
Non-small cell lung cancer	68/88 (77.3 %)
Squamous cell carcinoma	32/88 (36.3 %)
Adenocarcinoma	25/88 (28.4 %)
Small cell lung cancer	13/88 (14.8 %)
Lung cancer post IPF diagnosis	60/88 (68%)
Median latency time (months) + SD	15.9 + 35.5
Lung cancer and IPF synchronously	26/88 (29.3%)
Lung cancer prior IPF diagnosis	2/88 (2.2%)
Median survival (months)	27.4 months (95% CI: 20.6 to 36.8).

Lung Cancer Histology in IPF





PATHOGENETIC COMMONALITIES

SCARCINOMA



Is there a direct relationship between fibrotic areas and cancer development?

Vancheri *BMC Medicine* (2015) 13:220
DOI 10.1186/s12916-015-0478-1



Idiopathic pulmonary fibrosis: diagnosis, management and new therapies

OPINION

Open Access

Idiopathic pulmonary fibrosis and cancer:
do they really look similar?

Carlo Vancheri



This phenomenon has been coined out as

“scarcinoma”

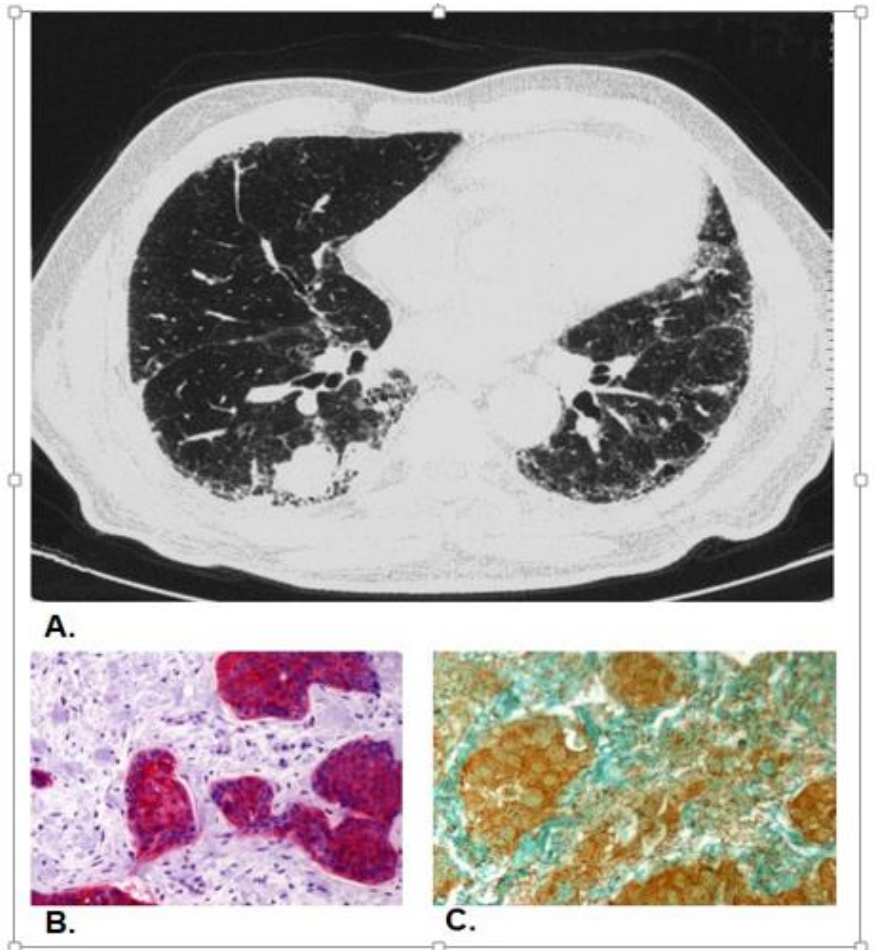


Figure 1: A) High Resolution Computed Tomography of a 78-years-old male with IPF and squamous cell carcinoma. B) CK-18 positive cancer cells in a fibrotic lung stroma. C) Masson stain positive for fibrosis in lung stroma surrounding solid nests of cancer cells.



CLINICAL DATA



How do we approach a patient with IPF and a nodule?

How do we approach a patient with IPF and lung cancer?



Patients with
IPF for the

i. Increased

ii. Increased

iii. Relapse

iv. Comp

intervention

pneumo

Negative

i. Increased

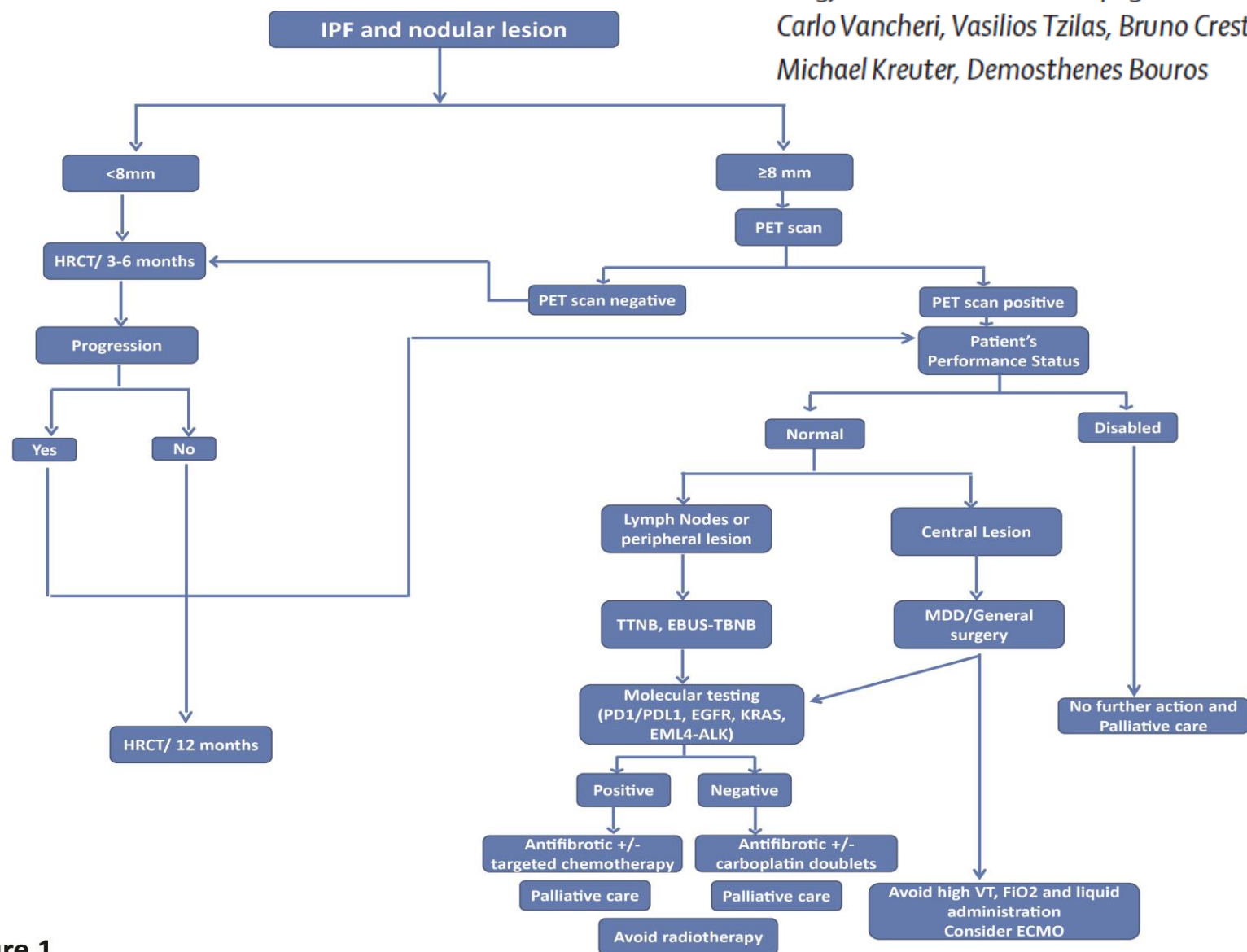
ii. Decrease

iii. Male ge

definite UIP pa

Patients with IPF and lung cancer: diagnosis and management

*Argyris Tzouvelekis, Paolo Spagnolo, Francesco Bonella,
Carlo Vancheri, Vasilios Tzilas, Bruno Crestani,
Michael Kreuter, Demosthenes Bouros



- LDCT/PET scan
- PFS
- Location of the lesion
- Avoid irradiation
- Beware of surgical interventions
- Platin doublets/1st line
- Don't discontinue antifibrotics

Figure 1

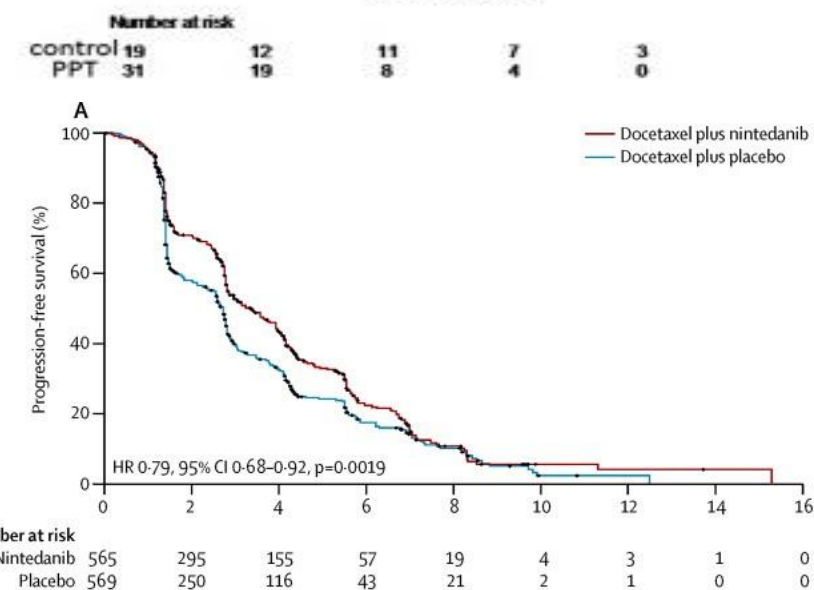
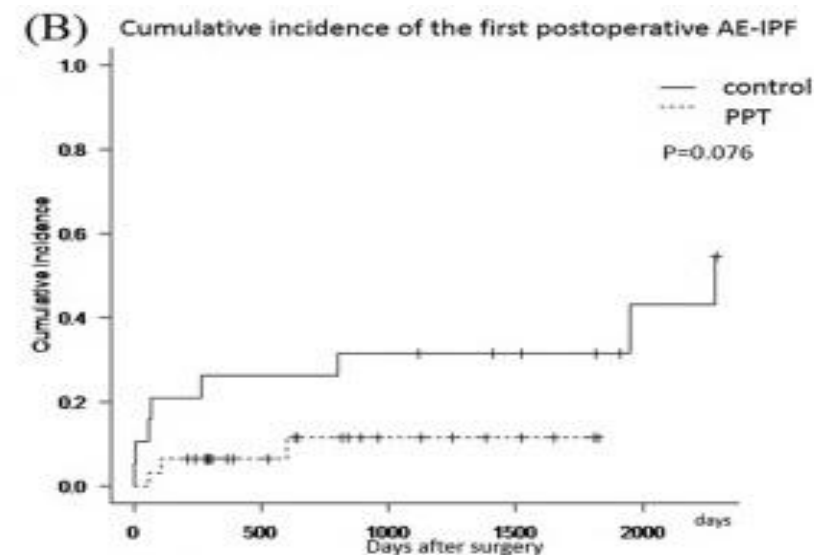


FUTURE PERSPECTIVES



The approval of nintedanib and pirfenidone alters the scenario:

- i. Pirfenidone **decreases** the incidence of lung cancer (**2.9% vs 20.3%**)
- ii. Prophylactic effect of preoperative treatment with pirfenidone for postoperative acute exacerbations (**3.2% vs 21.1%** within 90 postoperative days)
- iii. Nintedanib **improves** the outcome for docetaxel-based second-line therapy especially for patients with **adenocarcinoma**
- iv. Drug **repositioning** like nintedanib (pan-class I PI3K/mTOR inhibitor ?)

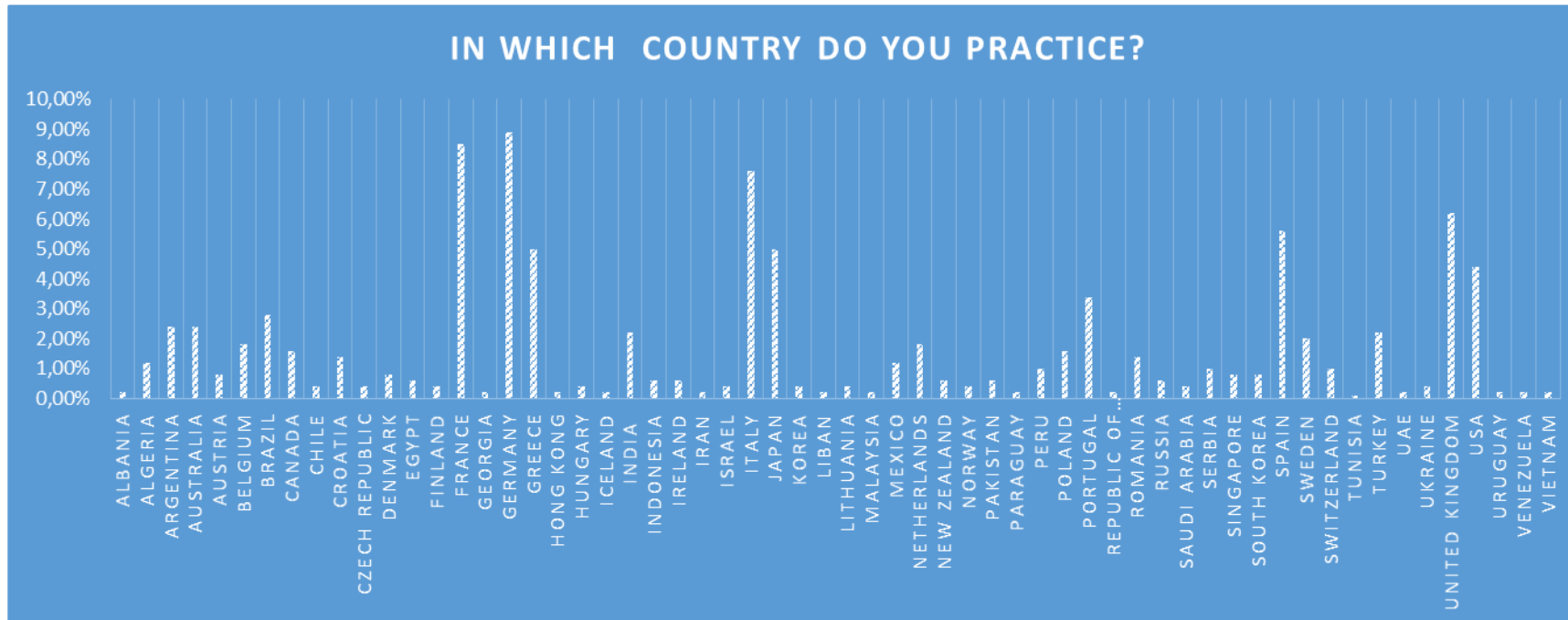




Diagnosis And Management Of lung cancer and FibrOSIS

“DI-A-M-O-R-F-OSIS” survey

494 answers from clinicians worldwide so far





TAKE HOME MESSAGE

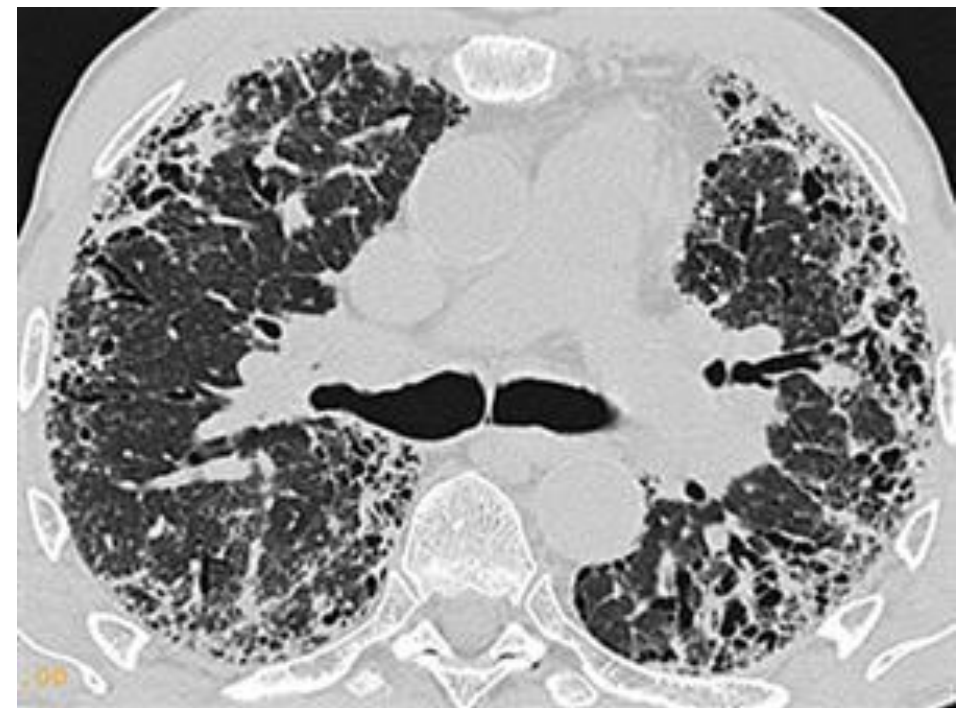
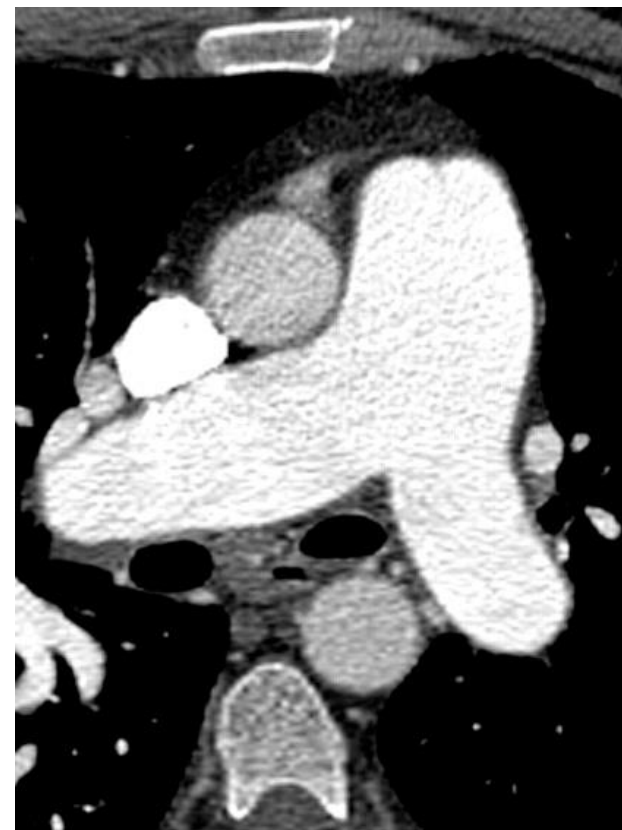


- i. IPF is an independent **risk factor** for lung cancer (10-15% prevalence)
- ii. Pathogenetic similarities - scarcinoma
- iii. **Need for a consensus** for the management of patients with IPF-LC
- iv. Pirfenidone and nintedanib alter the scenario? PD-1 inhibitors?
- v. Early diagnosis is the key – Role of Liquid biopsies- EBUS/TBNNB – low dose CT





Πνευμονική Υπέρταση και IPF





Classification of PH-Nice 2013

1. Pulmonary arterial hypertension

1.1 Idiopathic PAH

3. Pulmonary hypertension due to lung diseases and/or hypoxia

3. Pulmonary hypertension due to lung diseases and/or hypoxia

3.1 Chronic obstructive pulmonary disease

3.2 Interstitial lung disease

3.3 Other pulmonary diseases with mixed restrictive and obstructive pattern

3.4 Sleep-disordered breathing

3.5 Alveolar hypoventilation disorders

3.6 Chronic exposure to high altitude

3.7 Developmental lung diseases

tract obstruction and congenital cardiomyopathies

chronic renal failure, segmental PH



Pathogenetic Mechanisms



- **Uncorrected hypoxaemia**
- **Aberrant angiogenesis**
- **Endothelial dysfunction**
- **Profibrogenic/vasoactive mediators
(TNF α , PDGF, FGF)**



CrossMark

An overview of the 6th World Symposium on Pulmonary Hypertension

Nazzareno Galiè¹, Vallerie V. McLaughlin², Lewis J. Rubin³ and Gerald Simonneau^{4,5}

The task force has therefore proposed including a pulmonary vascular resistance (PVR) ≥ 3 WU into the definition of pre-capillary PH associated with **mPAP >20 mmHg** irrespective of aetiology. Future trials should assess the

Is PH prevalent in IPF patients?

indicate that a mPAP >20 mmHg is the threshold for abnormal pulmonary arterial pressure (above the



Author	Year	Patients	Diagnosis	Threshold	Prevalence (%)
Leuchte et al	2004	28	RHC	mPAP>35 mmHg	21.4
Nadrous et al potential for substantial selection bias	2005	88	Echo	sPAP>35 mmHg sPAP>50 mmHg	84 31
Lettieri et al	2006	70	RHC	mPAP>35 mmHg	21.6

1. Disease stage
2. Diagnostic modality
3. mPAP threshold

Minai et al abstract	2009	148	RHC	mPAP>25 mmHg mPAP>40 mmHg	46 14
Kimura et al* Initial presentation-retro	2013	101	RHC	mPAP>25 mmHg	15
Raghu	2015	488	RHC	mPAP>25 mmHg	14



Diagnostic accuracy of Echo

50
48%

48%

35% of IPF pts have emphysema!!
Poor acoustic window - Hyperinflation

✓ $RVSP_{ECHO}$ vs $PASP_{RHC}$

Nathan SD, et al. Respir Med. 2008;102:1305-1310

Arcasoy SM, et al. Am J Respir Crit Care Med. 2003;167:735-40



suspect PH in IPF



ate to

right

st

- 6 Minute Walk Test

- ✓ Distance <200m
- ✓ SpO₂<88%
- ✓ Pulse rate recovery <13 beats/min

- HRCT

- ✓ Ratio of PA/AA>1

- Echocardiography

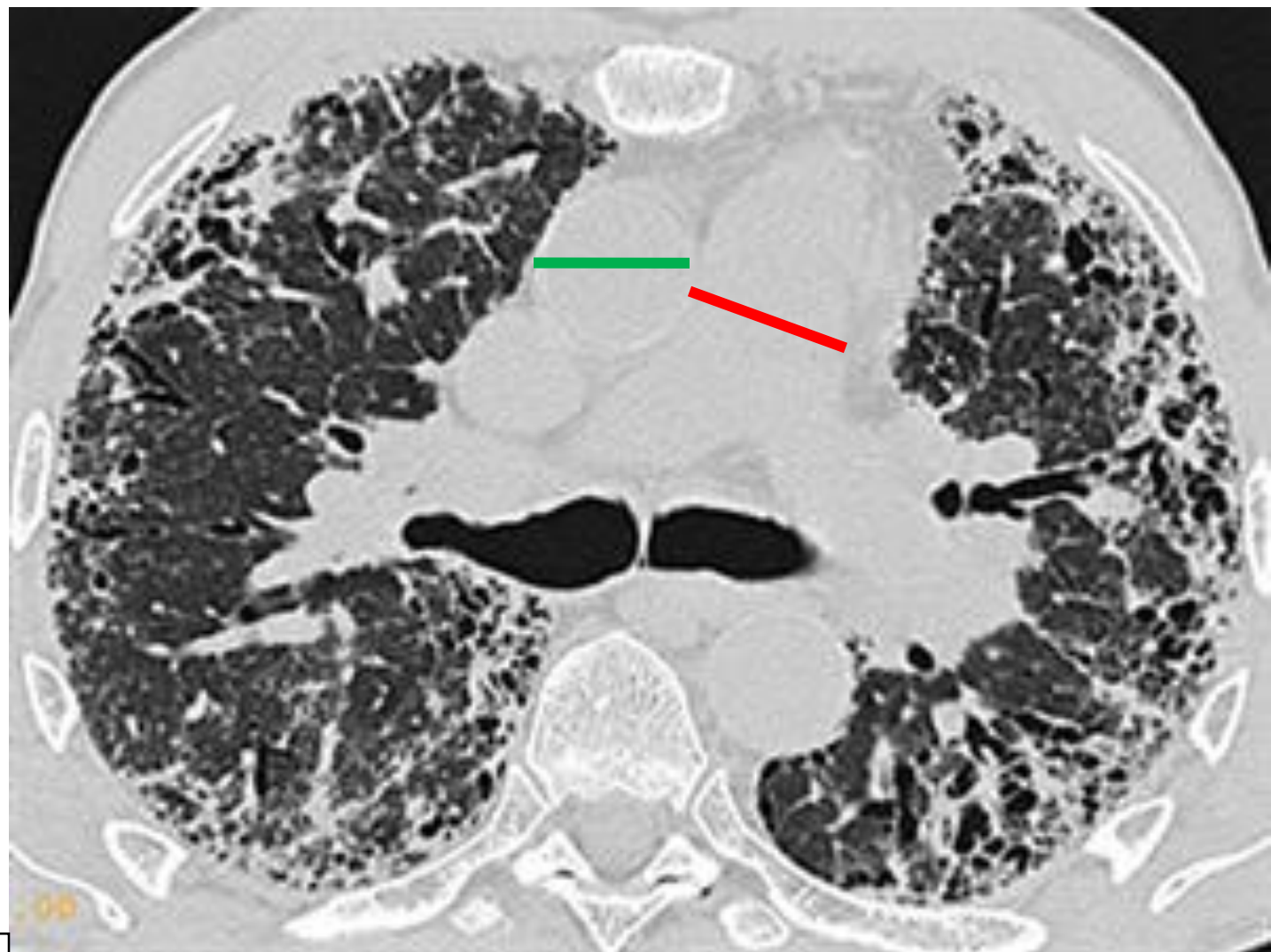
- ✓ Elevated RVSP
- ✓ RV/PA dilation
- ✓ RV dysfunction



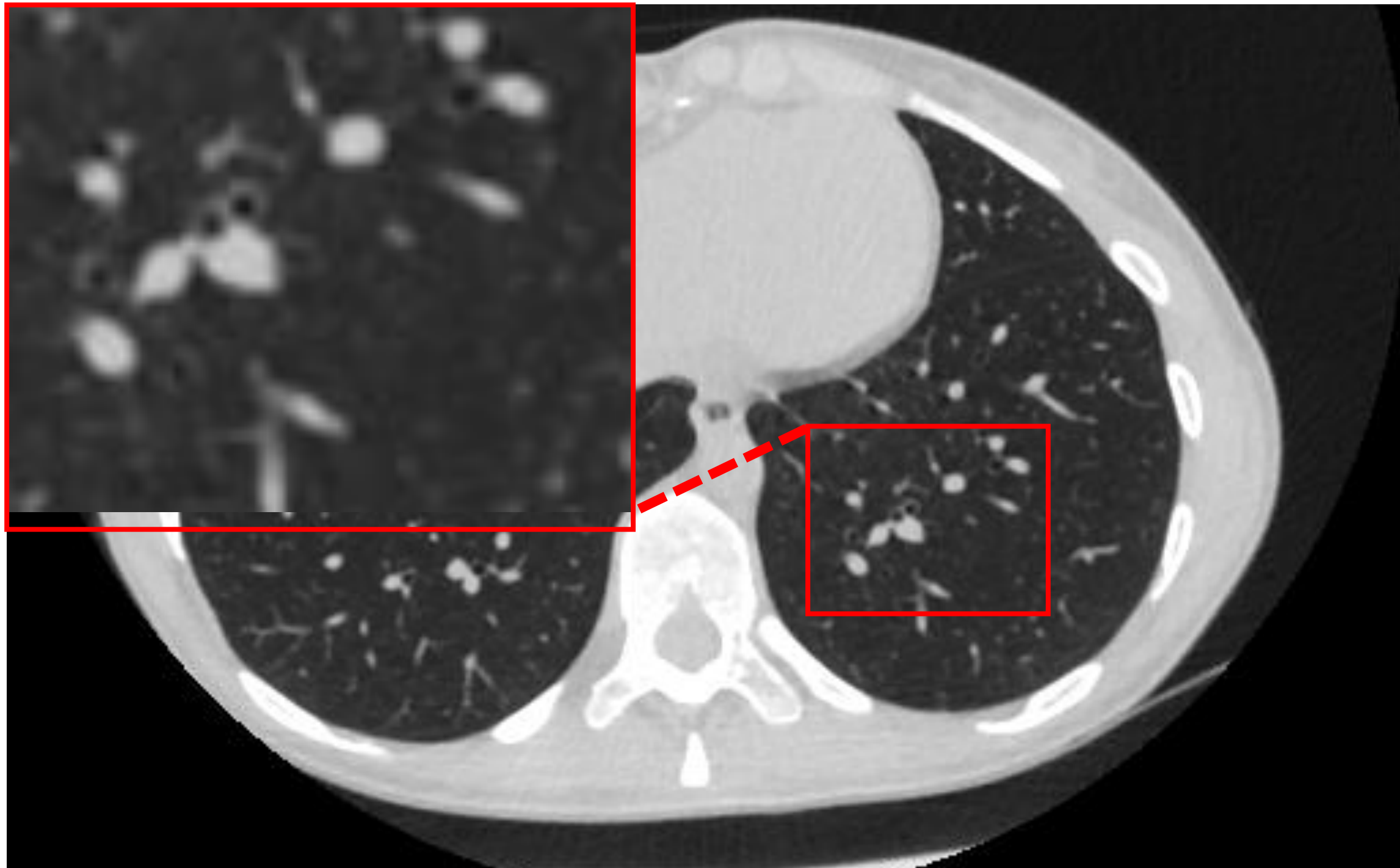
CT yield for PH diagnosis

- Pulmonary artery diameter ≥ 29 mm:
 - ✓ Positive predictive value: 97%
- In patients with pulmonary fibrosis, the PA dilates in the absence of PH.
- **dPA/dAA > 1 is a more reliable indicator of PH**

Do not forget peripheral branches



Tan RT et al. Chest 1998;113: 1250–1256
Devaraj A. Radiology 2008;249:1042–1049





Does PH affect IPF survival?

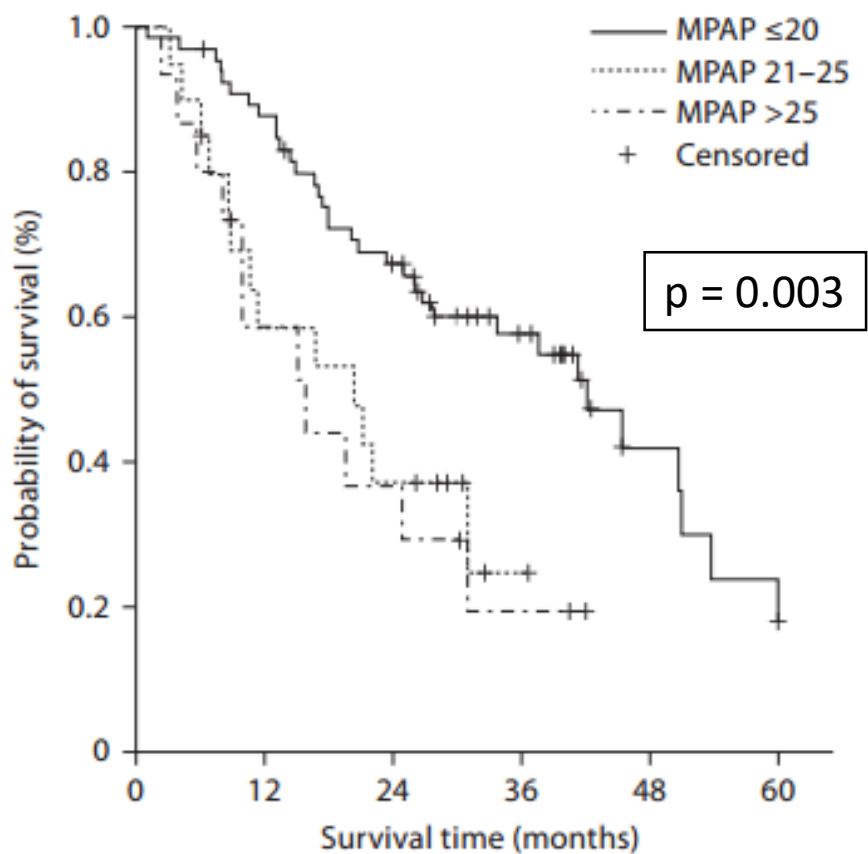


Negative prognostic factor irrespective of disease severity

Initial Presentation

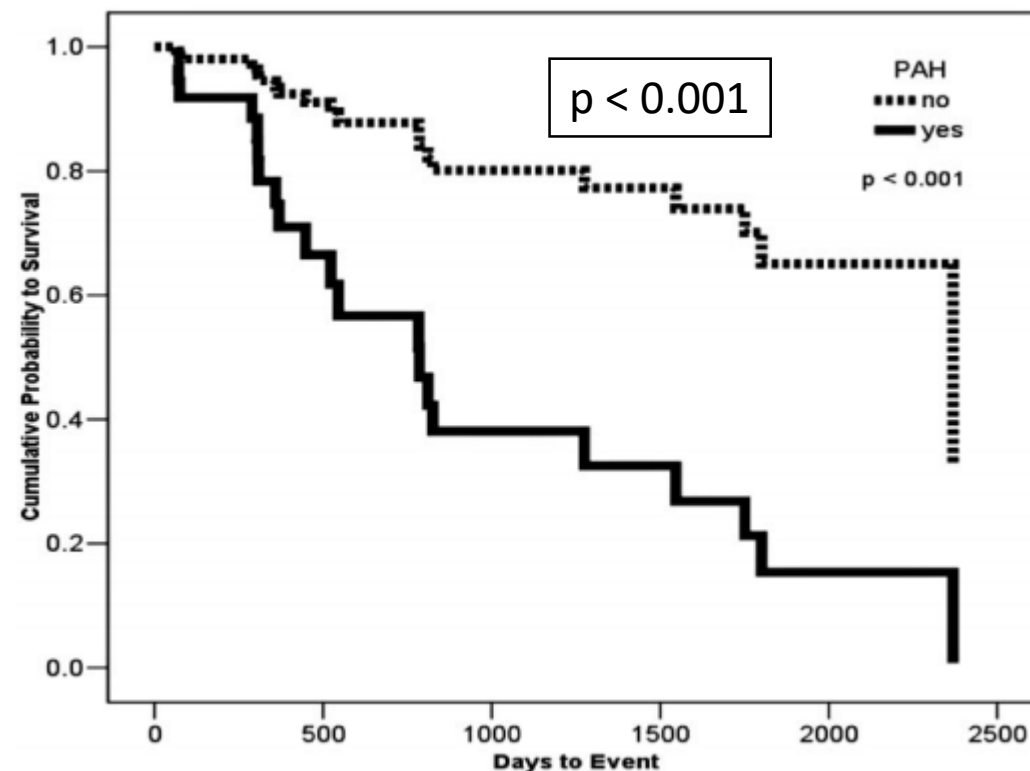
1 yr mortality w/o PH = 5%
1 yr mortality w PH = 35%

Advanced disease – Pre-lung Tx



Number at risk

MPAP ≤ 20	66	57	41	22	7	4
MPAP 21–25	20	11	7	1	0	0
MPAP > 25	15	8	5	2	0	0





Therapeutic approaches

Target the PH or IPF? or both?



A Controlled Trial of Sildenafil in Advanced Idiopathic Pulmonary Fibrosis

N Engl J Med 2010;363:620-8.

- 180 patients with advanced IPF – 1 year sildenafil (60 mgr) vs placebo
- **No effect in primary end-point (6-MWD) – Negative study!!!!!!**
- Positive secondary end-points (QoL, Dyspnea, DLCO)

ORIGINAL ARTICLE

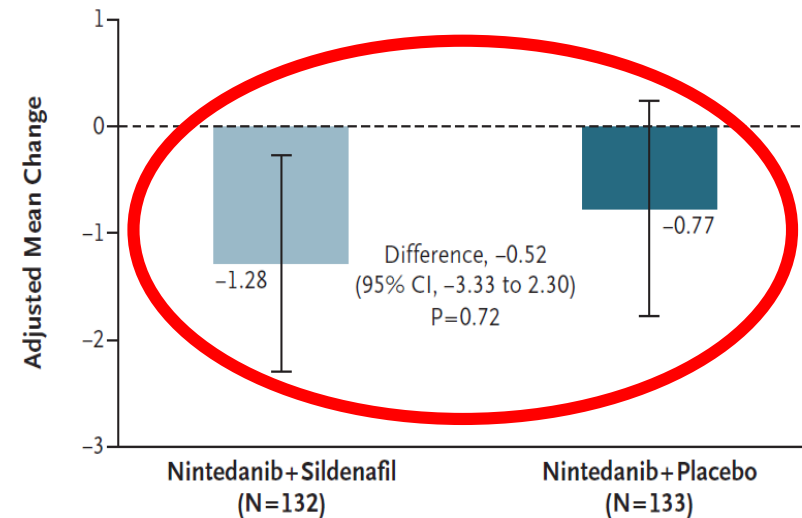
Nintedanib plus Sildenafil in Patients with Idiopathic Pulmonary Fibrosis

- 406 patients – 274 randomized (32% screening failure)
- Nintedanib 150 mg (bid) + Sildenafil 20 mg (tid)/placebo (1:1)
- No difference in SGRQ (primary end-point)
- No difference in UCSD dyspnea score (primary end-point)
- **Negative study....**

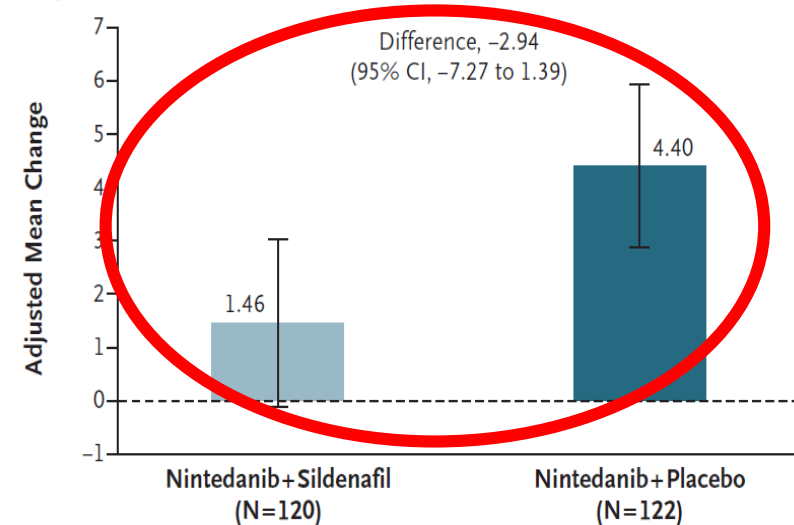
BUT.....

This article was published on September 15, 2018, at NEJM.org.

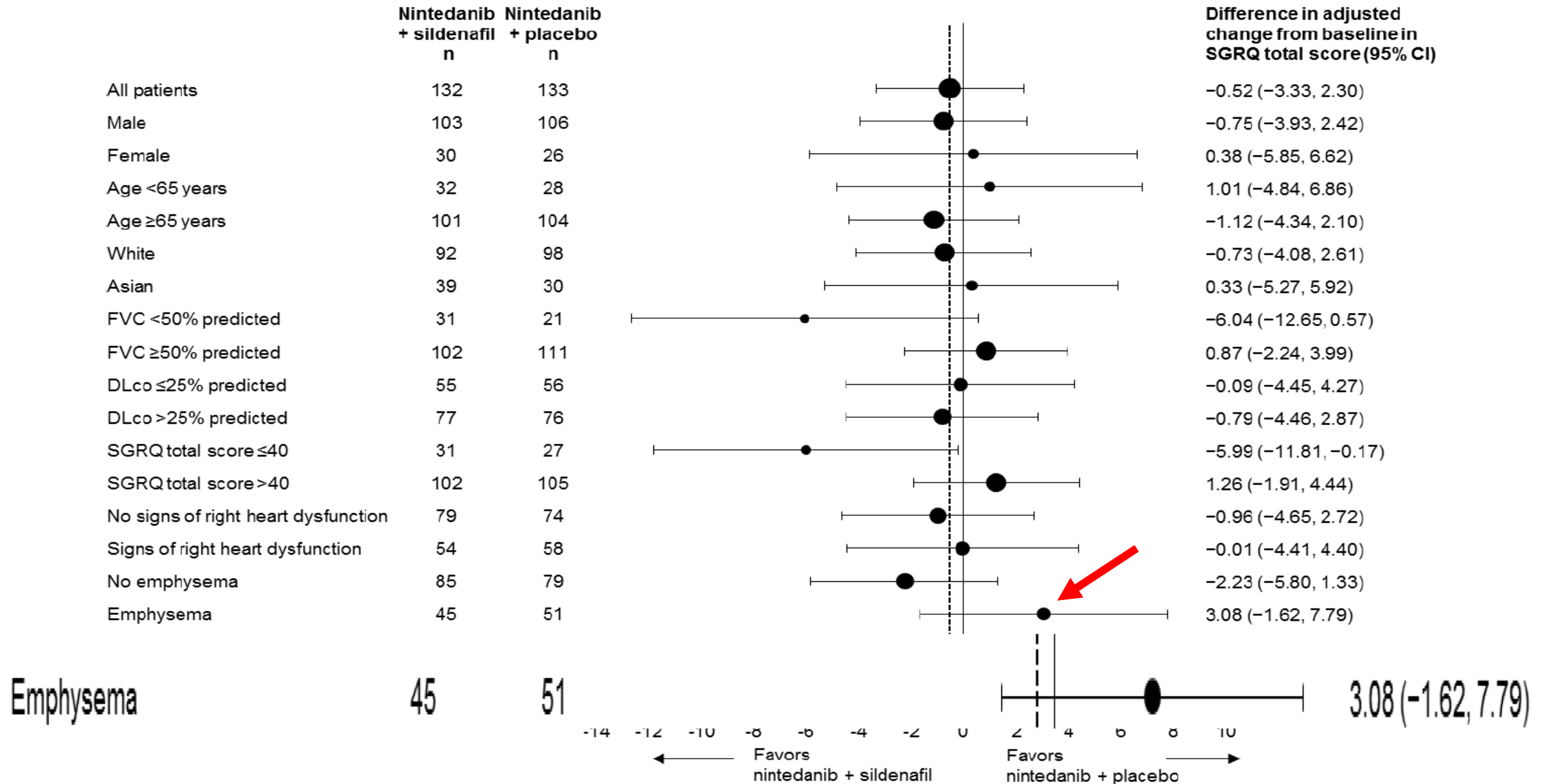
Change in SGRQ Total Score at Week 12



Change in UCSD-SOBQ Score at Week 12



Subgroup Analysis

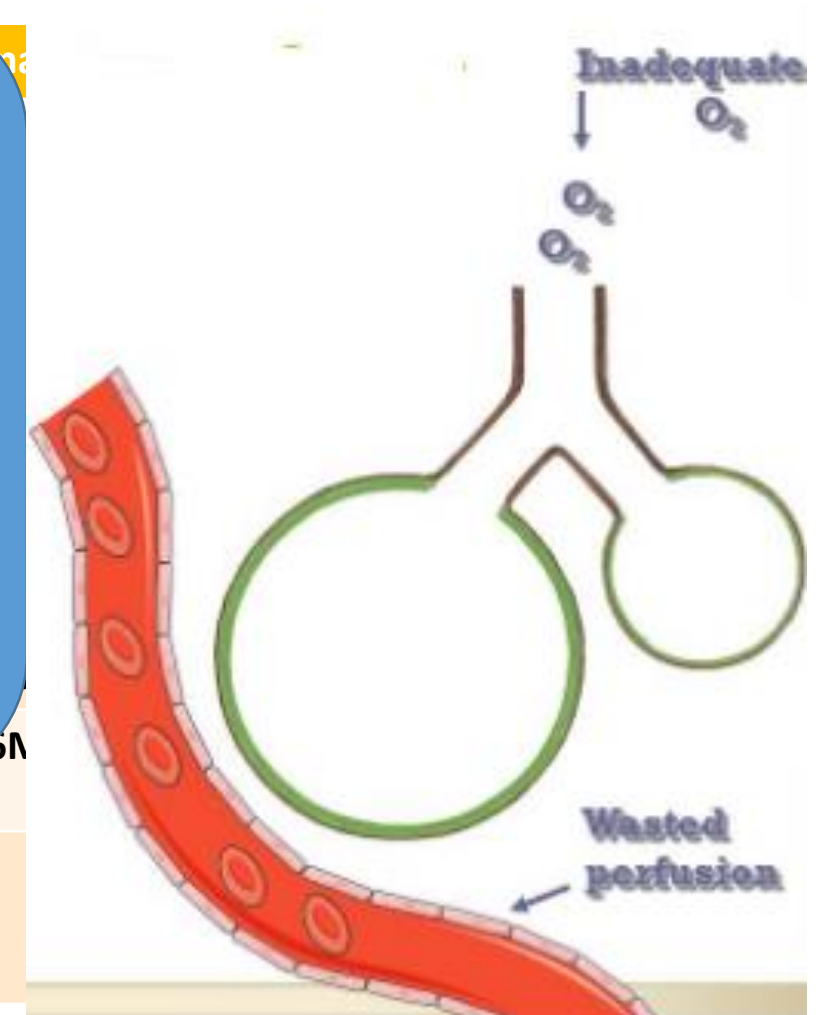




Major Clinical trials in Patients with IPF-PH

**Do not dilate remodeled
vessels!!**
**Worsens V/Q mismatch w/o CO
improvement**

				weeks	
Riociguat	RISE-IIP	2017	Major IIPs	26 weeks	





What lies in the future?



Long-term safety and efficacy of imatinib in pulmonary arterial hypertension

- Extension trial – 204 weeks -144 patients
- 93% drop outs!!!
- 6 hematomas – 17 deaths!!!

CONCLUSIONS: Severe adverse events, significant side effects, and a high discontinuation rate limit the utility of imatinib in the treatment of PAH. These risks outweigh any possible improvements in hemodynamics and walk distance seen in those patients able to remain on drug. The off-label use of this compound in PAH is discouraged.

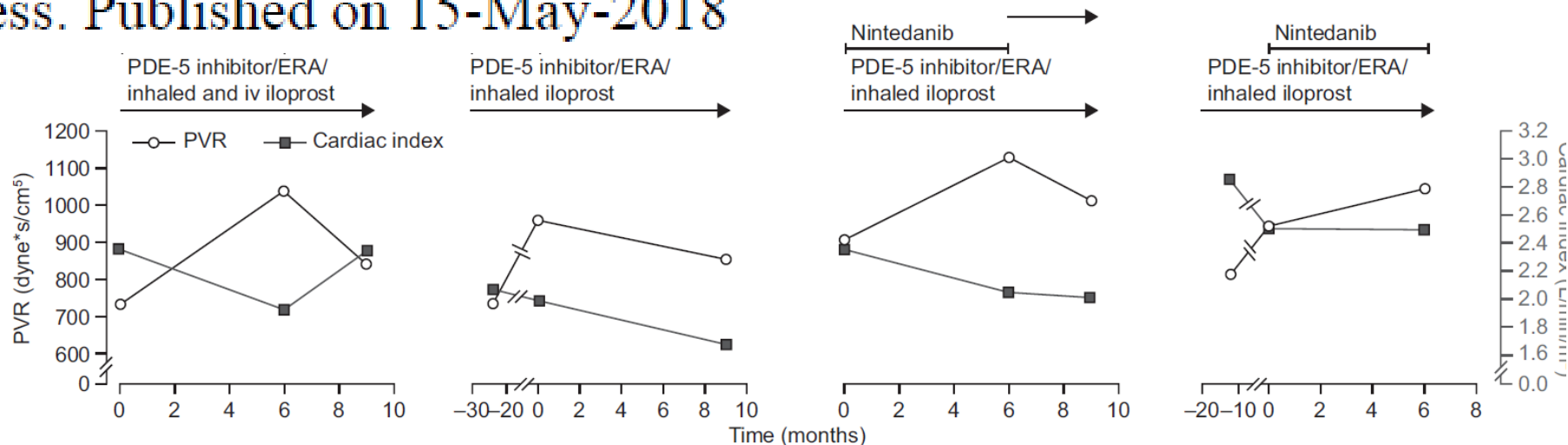
Chronic Treatment Of Nintedanib Ameliorates The Development Of Pulmonary Hypertension In Rat Model

T. Takeo¹, T. Nagaoka¹, Y. Suzuki¹, T. Yoshida¹, E. Kuwasaki¹, S. Kuriyama¹, Y. Morio¹, K. Takahashi¹

Conclusion: Nintedanib ameliorated pulmonary hemodynamics via inhibition of smooth muscle cell proliferation in PAH rat model, and might be a novel treatment for PAH. **ATS abstract 2016**

Nintedanib in Severe Pulmonary Arterial Hypertension

AJRCCM Articles in Press. Published on 15-May-2018



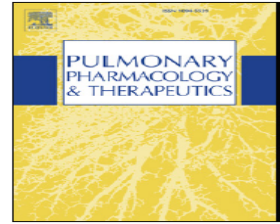
- Animal model – 4 patients with severe PAH – patients with IPF
- Detrimental effects in all cases (experimental – human) !!! – No effect of PH in IPF patients receiving Nintedanib



Contents lists available at ScienceDirect

Pulmonary Pharmacology & Therapeutics

journal homepage: www.elsevier.com/locate/ypupt



Pulmonary hypertension in patients with interstitial lung disease

Theodoros Karampitsakos^a, Argyrios Tzouvelekis^{b,c}, Serafeim Chrysikos^a, Demosthenes Bouros^b, Iraklis Tsangaris^d, Wassim H. Fares^{e,*}





Pulmonary Pharmacology & Therapeutics 50 (2018) 38–46

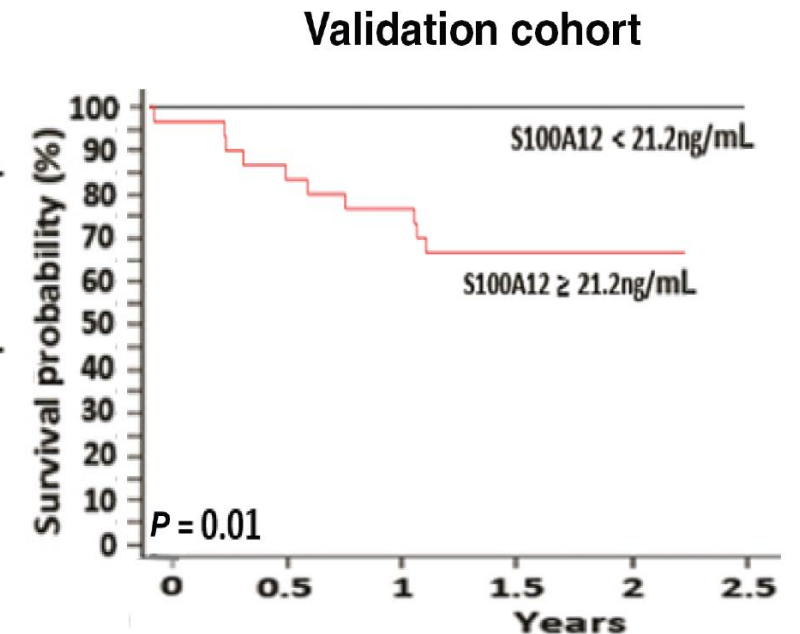
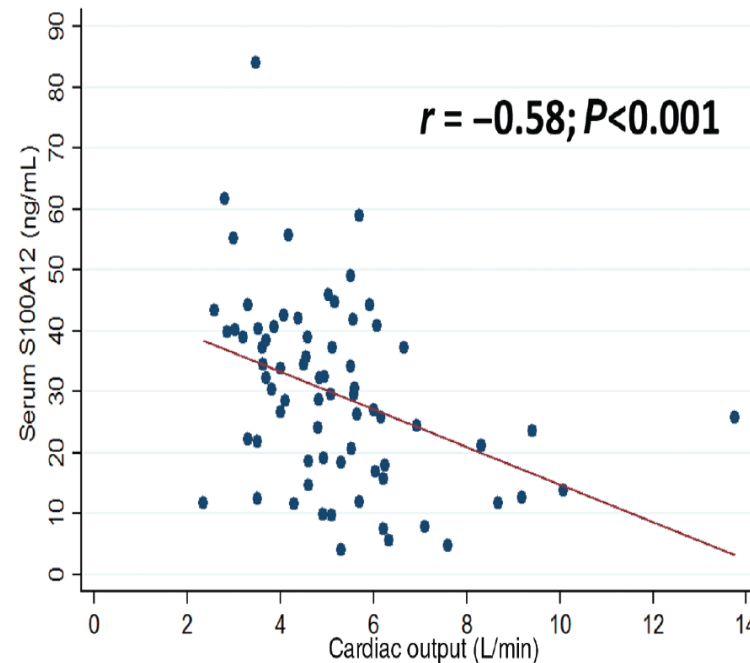
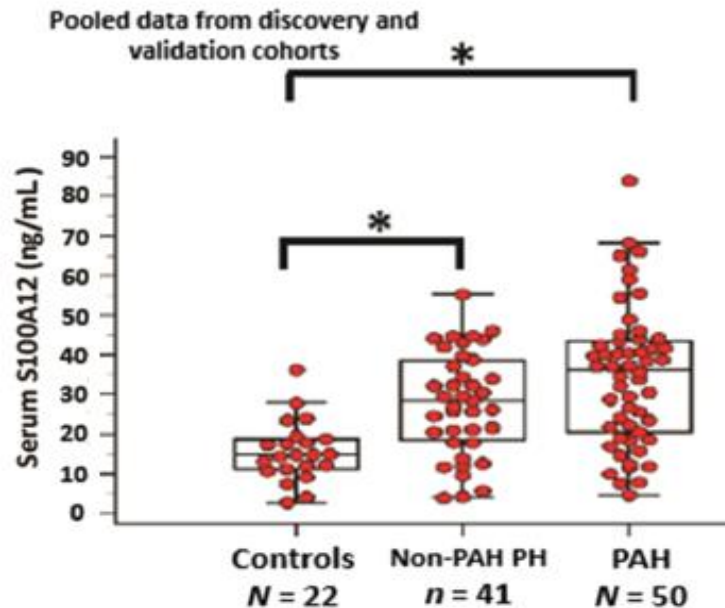
- Do not dilate remodeled vessels, **do not worsen V/Q mismatch**
- Inhibiting pulmonary fibrosis and concomitantly targeting vascular remodeling and **increasing vasodilation in well** (but not in poorly) **ventilated areas**
- An open question is the optimal management of patients with **severe PH not necessarily explained by the severity of underlying fibrosis**



Need for biomarkers

S100A12 as a marker of worse cardiac output and mortality in pulmonary hypertension

ARGYRIOS TZOUVELEKIS,¹ JOSE D. HERAZO-MAYA,¹ CHANGWAN RYU,¹ JEN-HWA CHU,¹ YINGZE ZHANG,² KEVIN F. GIBSON,² PERCY K. ADONTENG-BOATENG,¹  QIN LI,¹ HONGYI PAN,¹ BENJAMIN CHERRY,¹ FERHAAN AHMAD,³ HUBERT J. FORD,⁴ ERICA L. HERZOG,¹ NAFTALI KAMINSKI¹ AND WASSIM H. FARES¹ 





Take home messages



- RHC is the gold standard diagnostic modality – Select patients on U/S
- Negative prognosticator
- Suspect PH when: “disproportionate” dyspnea+ LOW DLCO, 6MWD< 200m, dPA/dAA>1
- No approved vasoactive therapy– **DO NO HARM!!!!** – BEST SUPPORTIVE CARE, LTOT to maintain arterial oxygen saturation> 90%, diuretics, referral for lung transplantation, enroll in clinical trials
- Need for biomarkers, BNP limited used, only prognostic role
- **Identify and exclude patients with worse V/Q mismatches**



Gastro esophageal reflux disease (GERD)

The most common comorbidity in IPF

Prevalence: ~90% IPF

Risk factor for IPF

Clinically silent in 35-55% of cases

Acid GERD >>>> alkaline GERD

Etiology unknown

GERD may play a role in AEIPF

Patients with asymmetric IPF are more likely to have GERD and AEIPF than patients with symmetric IPF.

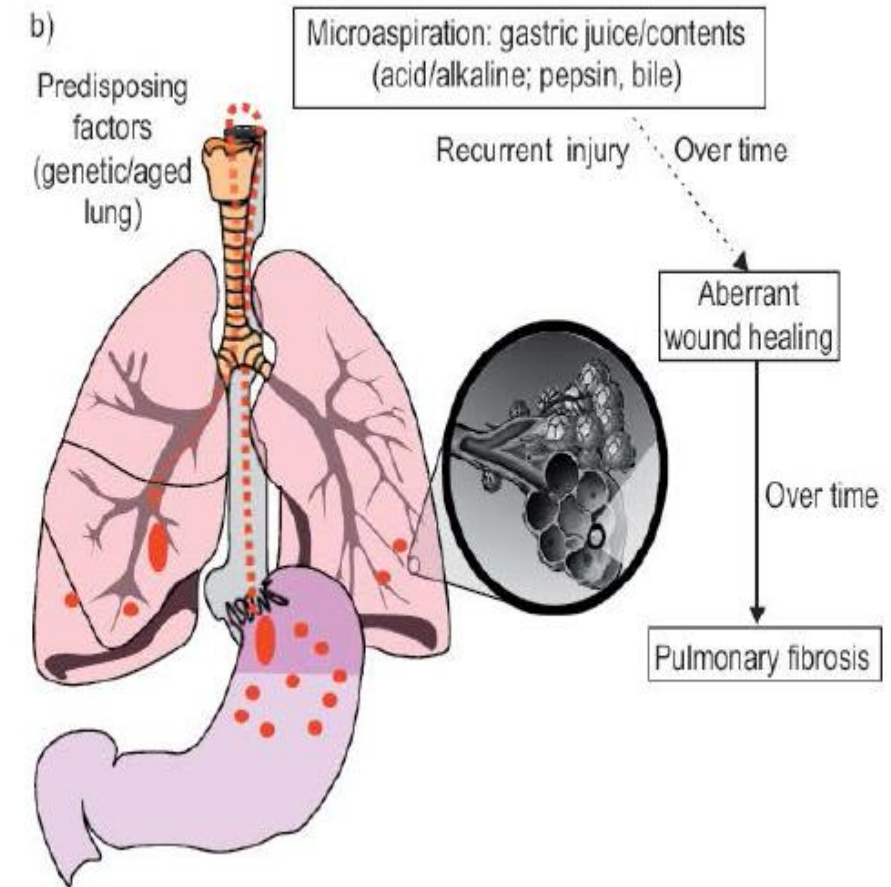
Diagnosis

Barium swallow

Esophageal manometry

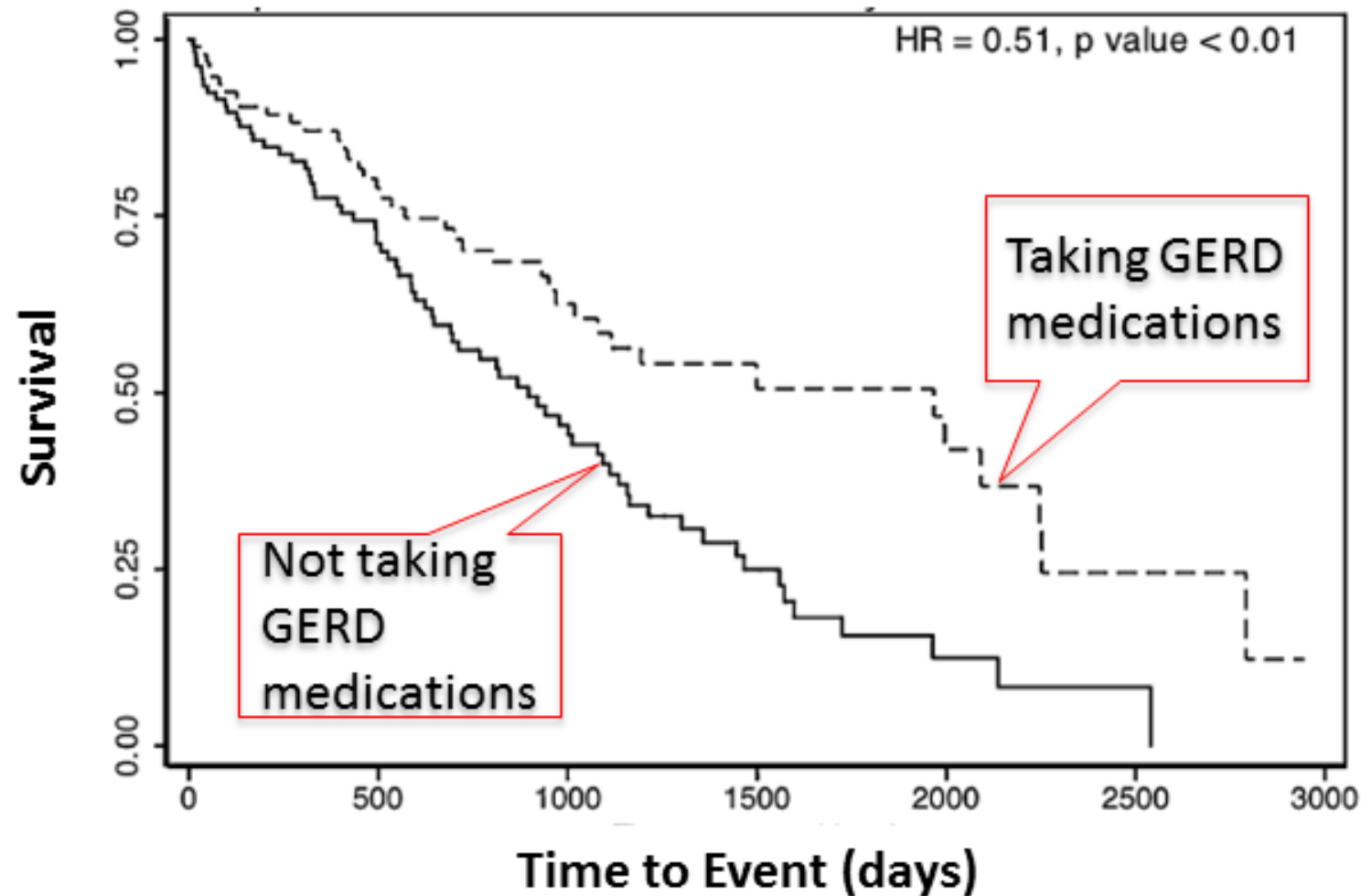
24h pH probe

Esophageal Impedance





GERD TREATMENT AND SURVIVAL





Laparoscopic anti-reflux surgery WRAP IPF TRIAL



	Surgery (n=29)	No surgery (n=29)	p value
Clinical events*			
Acute exacerbation	1 (3%)	4 (16%)	0.19
Respiratory hospitalisation	2 (7%)	6 (21%)	0.25
Non-elective hospitalisation	5 (17%)	8 (28%)	0.35
Lung transplantation	0	1 (3%)	>0.99
Disease progression†			
Death	1 (3%)	4 (18%)	0.13
10% FVC decline or death	2 (9%)	7 (29%)	0.038
10% FVC decline, acute exacerbation, or death	2 (9%)	7 (28%)	0.048
Respiratory hospitalisation or death	2 (9%)	5 (19%)	0.16
Non-elective hospitalisation or death	5 (17%)	7 (26%)	0.50
10% FVC decline, 5 point UCSD Shortness of Breath Questionnaire increase, respiratory hospitalisation, or death	15 (57%)	15 (56%)	0.74
Change in symptoms and physical function‡			
Visual analogue scale for cough severity	4.74 (−3.14 to 12.63)	7.15 (−2.01 to 16.31)	0.69
UCSD Shortness of Breath Questionnaire	−0.71 (−5.62 to 4.21)	−0.69 (−6.24 to 4.86)	>0.99
St George's Respiratory Questionnaire	1.04 (−3.66 to 5.74)	−3.18 (−8.35 to 1.99)	0.23
6-min walk distance, m	16.54 (−4.80 to 37.88)	9.13 (−14.77 to 33.02)	0.65

Data are n (%), n (Kaplan–Meier estimates), or slope estimate (95% CI). FVC=forced vital capacity. UCSD=University of California San Diego. *We used the χ^2 and Fisher's exact tests to calculate p values. †Rates are Kaplan–Meier estimates at 48 weeks. We used the log-rank test at 48 weeks to calculate p values. ‡Slope parameter estimates with 95% CIs from a mixed effects model with adjustment for baseline use of nintedanib or pirfenidone therapy.

Table 2: Secondary endpoints



GERD TREATMENT



ATS/ERS/JRS/ALAT Clinical Practice Guideline 2015

Recommendation: We suggest that clinicians use regular antiacid treatment for patients with IPF
(**conditional recommendation, very low** confidence in estimates of effect).

- The Pilot Trial Of Omeprazole in Idiopathic Pulmonary Fibrosis (IPF) (PPIPF; NCT02085018) -> ongoing
- **WRAP-IPF trial** -> safe, well tolerated, failed primary endpoint (FVC decline)

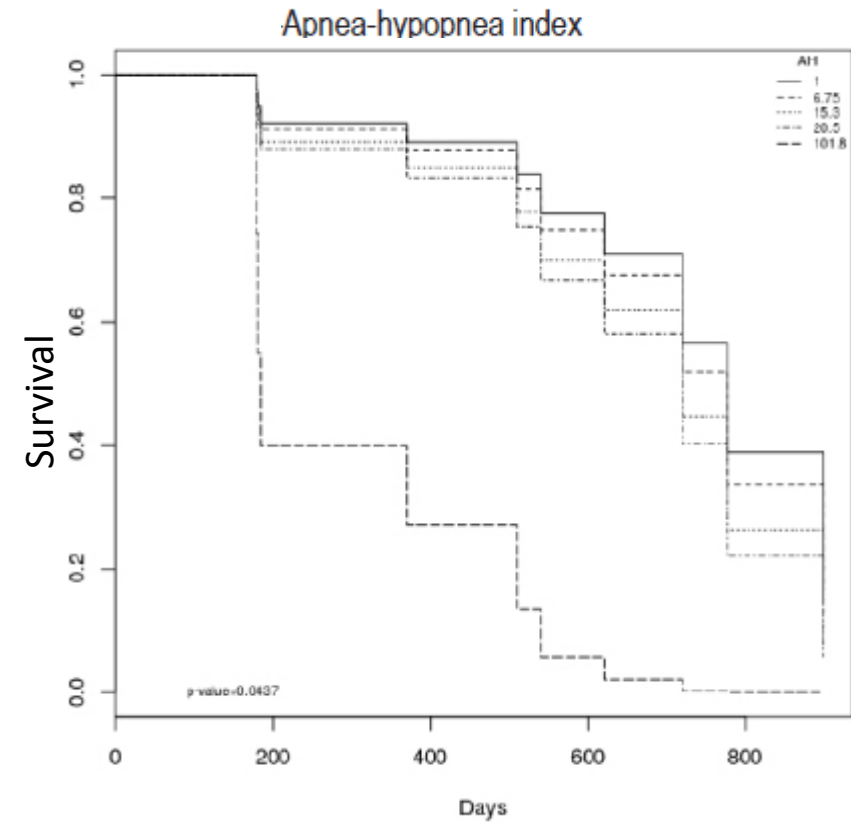
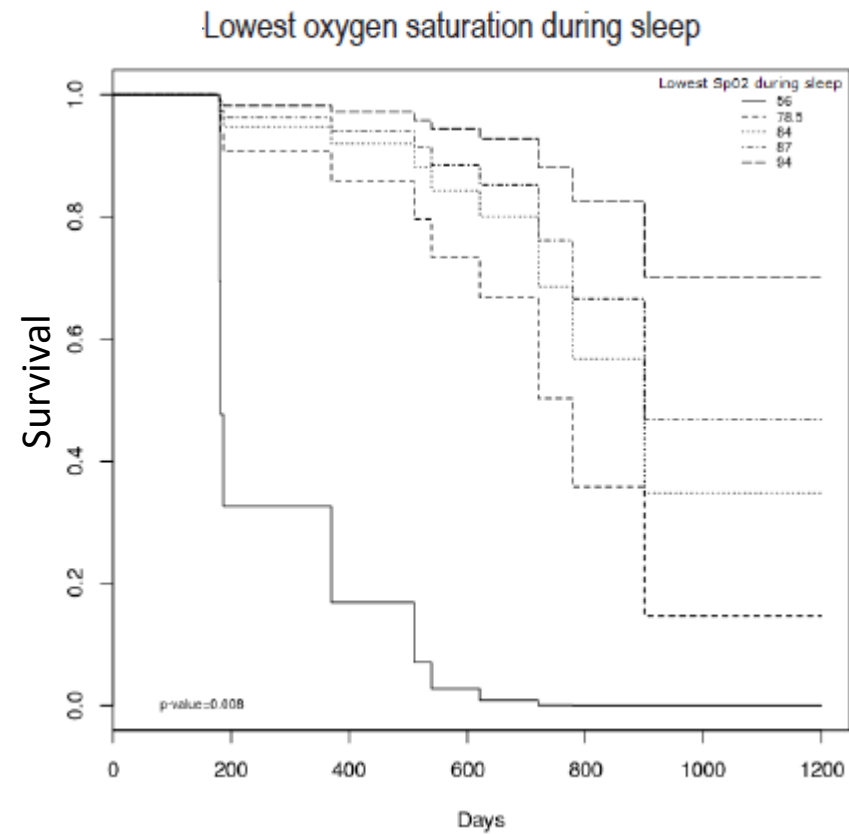
More RCTs are warranted



Obstructive sleep apnea (OSA) in IPF



Study	Type	Dx IPF	N° patients	Method	BMI	DLCO % pred	AHI >5
Aydogdu et al 2006	Prospective	ATS /ERS 2002	18	PSGN	-	65	12 (65%)
Mermigkis et al 2007	Retrospective	ATS /ERS 2002	18	PSGN	33.2	49.9	11 (61%)
Lancaster et al 2009	Prospective	ATS/ERS 2002	50	PSGN	32	45.4	44 (88%)
Mermigkis et al 2010	Prospective	ATS /ERS 2002	34	PSGN	27.3	53.6	20 (59%)
Kolilekas et al 2013	Prospective	ATS/ERS 2010	31	PSGN	28.6	43.7	28 (89%)
Pihtili et al 2013	Prospective	ATS/ERS 2002	14	PSGN	26.4	56.7	14 (82%)
Lee et al 2015	Retrospective	ATS/ERS 2002	20	PSGN	28.5	51.1%	9 (45%)
Gill et al 2017	Prospective	ATS/ERS 2002	45	PSGN	28.5	42.7	40 (89%)
Bosi et al 2017	Prospective	ATS/ERS 2010	35	PSGN	22.7	45.6	25 (75%)



Negative impact of nocturnal desaturation and AHI on survival in IPF patients

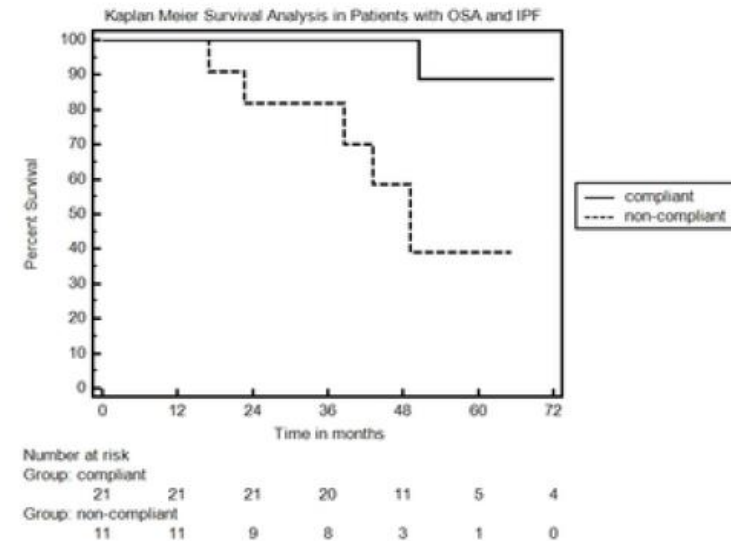


Obstructive sleep apnea (OSA) in IPF

32 patients diagnosed with both
IPF and OSA

CPAP compliant vs non-compliant

At 5 years, survival 90% vs 40%



CPAP use may improve survival
and quality of life

Table 2 Values of instruments used to assess quality of life and sleep at CPAP initiation and at the 1-year time point in the good and poor CPAP compliance group

	Good CPAP compliance group (n=37)			Poor CPAP compliance group (n=18)		
	CPAP initiation	After 1 year with CPAP	p	CPAP initiation	After 1 year with CPAP	p
ESS	9.2±5.6	5.8±3.8	0.04	7.1±3.2	6.2±5.5	0.45
BDI	12.1±5.1	7.7±4.2	0.01	11.8±5.8	12.2±4.2	0.81
PSQI	10.9±4.5	5.8±4.1	0.002	10.6±4.3	7.6±4.8	0.05
FOSQ	13.2±3.3	17.1±1.7	0.0002	13.5±3.2	12.7±3.6	0.22
FSS	40.9±11.1	27.9±8.6	0.0007	51.5±10.1	41.4±15.8	0.02
SF-36 physical component	60.8±12.4	76.4±11.6	0.008	53.7±18.3	63.8±18.1	0.08
Physical functioning (PF)	62.1±22.4	75.9±11.7	0.02	51.1±29.3	47.7±21.7	0.69
Role physical (RP)	65.2±28.3	80.7±18.6	0.03	50.2±27.3	52.8±21.6	0.63
Bodily pain (BP)	64.4±2.7	79.7±18.6	0.04	52.4±31.3	69.2±27.8	0.04
General health (GH)	53.5±16.2	68.1±13.4	0.009	48.5±19.2	53.9±17.2	0.09
SF-36 mental health component	65.3±17.1	79.5±10.3	0.007	61.2±20.4	66.5±16.4	0.36
Vitality (VT)	61.5±15.7	72.1±13.7	0.04	52.5±19.4	63.1±16.3	0.04
Social functioning (SF)	77.2±16.8	90.6±11.6	0.01	74.4±21.6	76.1±17.8	0.78
Role emotional (RE)	63.6±23.9	80.7±13.5	0.02	56.5±29.1	66.8±22.9	0.29
Mental health (MH)	59.2±22.7	74.7±14.7	0.03	60.3±20.1	61.6±18.7	0.97



Sleep breathing disorders in IPF



- ✓ **Screening for SBDs in all patients with IPF**
- ✓ **Treat SBDs**
 - Nocturnal O₂ therapy if present only sleep hypoxemia
 - CPAP therapy if OSAS present according AASM guidelines





Cardiovascular disease in IPF

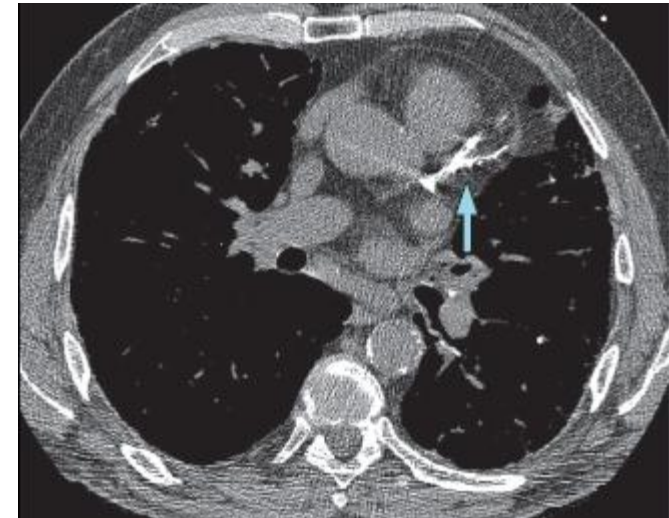


CAD is the most frequently reported CV comorbidity, also CHF, AH, ACS, VTE

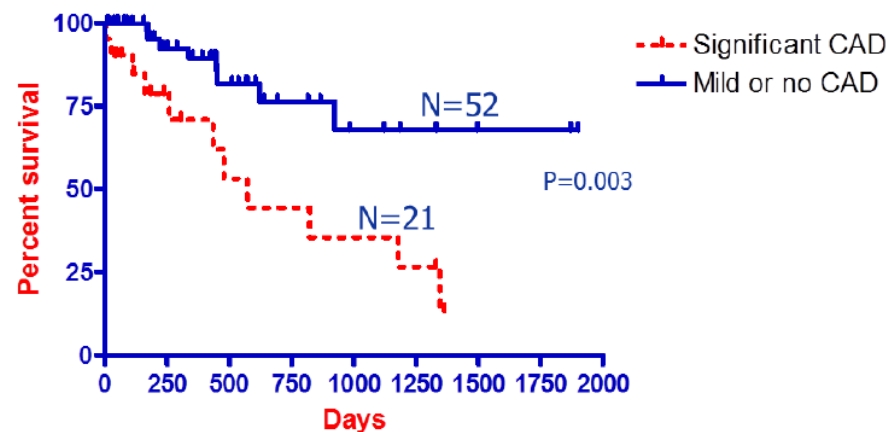
Prevalence: 3-68%

Symptomatic patients → Cardiac CT/MRI

Treatment CAD according 2012 AHA guidelines



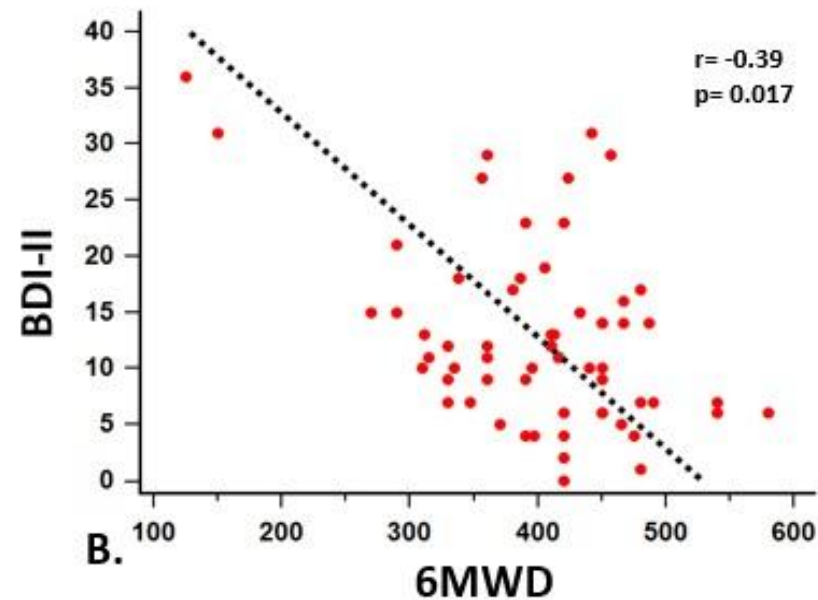
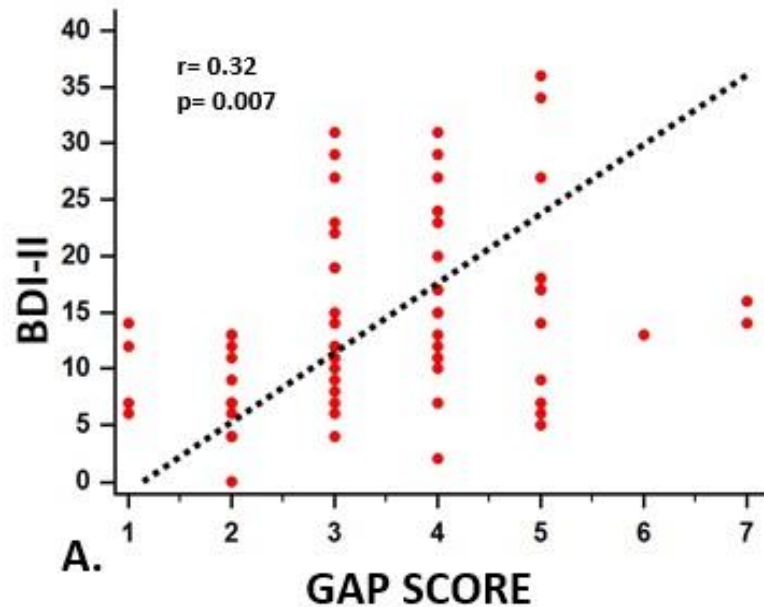
Sensitivity and specificity >80%






Depression in IPF

- Prevalence of depression in IPF between **24.3** and **49.2%**



- Antidepressants such as **fluvoxamine** interact with antifibrotics

Thyroid hormone inhibits lung fibrosis in mice by improving epithelial mitochondrial function

Guoying Yu^{1,10}, Argyris Tzouvelekis^{1,2,10}, Rong Wang¹, Jose D Herazo-Maya¹, Gabriel H Ibarra¹, Anup Srivastava¹, Joao Pedro Werneck de Castro^{3,4}, Giuseppe DeLuliis¹, Farida Ahangari¹, Tony Woolard¹, Nachele Aurelien¹, Rafael Arrojo e Drigo⁵, Ye Gan¹, Morven Graham⁶, Xinran Liu⁶, Robert J Homer^{7,8}, Thomas S Scanlan⁹, Praveen Mannam¹, Patty J Lee¹, Erica L Herzog¹, Antonio C Bianco³ & Naftali Kaminski¹ 

¹⁰These authors contributed equally to this work.



Metformin in Idiopathic Pulmonary Fibrosis “Seeking the Holy-Grail through Drug-Repositioning”

Argyrios Tzouvelekis^{a, b} Vasilios Tzilas^a Maria Dassiou^a Demosthenes Bouros^a

**nature
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LETTERS

<https://doi.org/10.1038/s41591-018-0087-6>

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**Metformin reverses established lung fibrosis
in a bleomycin model**



A bibliometric review of drug repurposing

Drug Discovery Today • Volume 00, Number 00 • December 2018

Nancy C. Baker^{1,2}, Sean Ekins³, Antony J. Williams⁴ and Alexander Tropsha^{1,5}

relationships. We find that $>60\%$ of the $\sim 35\,000$ drugs or drug candidates identified in our study have been tried in more than one disease, including 189 drugs that have been tried in >300 diseases each.



Take Home messages

Treatment for all endotypes



Monitor - treatment of comorbidities



Quality of Life – Perceptive Outcomes

