

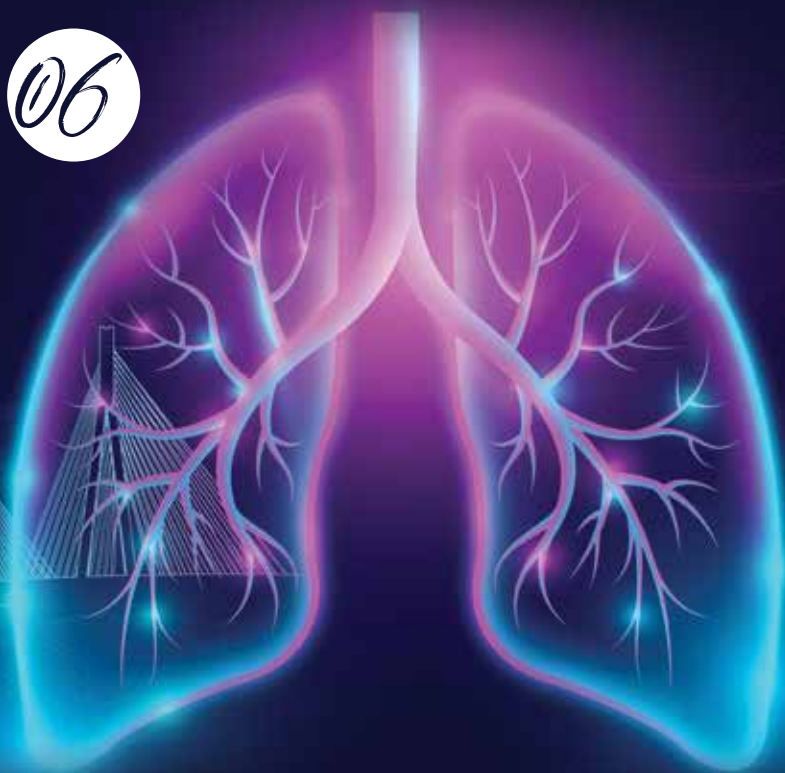
Bridges of PNEUMONOLOGY

2026

▶ HYBRID EVENT

June

04 - 06



Program

CONFERENCE AND CULTURAL CENTER
OF THE UNIVERSITY OF PATRAS

Rio - Patras, Greece

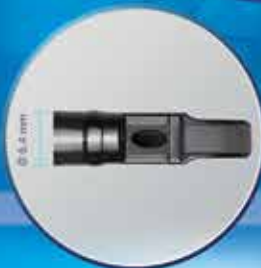
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υπερηχογραφική εικόνα
με νέα τεχνολογία
μονού κρυστάλλου.



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ΠΟΙΟΤΗΤΑ ΖΩΗΣ ΣΤΗ ΧΑΠΙ

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Βιβλιογραφία: 1. Jones PW et al. Eur Respir J. 2012 Oct;40(4):830-6. 2. Ni H et al. Cochrane Database Syst Rev. 2018 Dec 11;12(12):CD011594. 3. SmPC Bretaris® Genuair® (02/2025). 4. SmPC Brimica® Genuair® (02/2025).

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Dear colleagues,

During the last years the specialty of Pulmonology has been highlighted as of key importance and established in the consciousness of the medical world and society as a frontline specialty.

The Department of Respiratory Medicine at the University of Patras having extroverted orientation and following the legacy of the last 4 years, responds to the increased needs for scientific training & education by organizing the 5th consecutive hybrid Congress: **“Bridges of Pulmonology 2026”**, which will be held on **June 4th-June 6th 2026**, in **Patras**, at the **Conference and Cultural Center**, within the University Campus. Our conference will be for the second time not only under the auspice of our national Universities but also under the auspice of European University of Cyprus, further extending its international impact.

Our conference will be also under the auspice of our international society, namely MAID (Mediterranean Association of Inflammatory Disorders) and will focus on a scientific journey through time where international speakers and several worldwide and national experts will present the milestone discoveries that shifted our diagnostic, prognostic and therapeutic dial throughout the years, including artificial intelligence. Importantly, following our aim to prepare future doctors, our conference will focus on medical education through competency-based training, early clinical exposure, and **simulation-based learning for young residents, fellows and sophomore medical students within the context of early career sessions, round-tables and symposia**. Their interaction with international and national experts within the activities of our conference will expedite their career development plans through a fascinating scientific experience.

Our kickoff session will be related to the transformative impact of medicine on the society and will provide valuable feedback from healthcare professionals, patients and volunteers on their role in increasing awareness for chronic respiratory diseases including COPD, lung cancer and fibrosis. Patient advocacy groups will be actively involved testifying patient needs and priorities and providing insights that will help bridge the gap between health care providers and patients.

The Congress also aims to unite different medical specialties & scientific communities on a practical approach basis, to achieve optimal patients' management. It includes rich topics that not only respond to key clinical issues but also extend to the area of translational and basic research highlighting the importance of mechanistic thinking in the diagnosis and treatment of the complex respiratory patient. Thus, doctors of all specialties will gain benefits in the management of the complex respiratory patient.

With the hope and anticipation that this Congress will help building communication “bridges” and exchanging of scientific opinions among:

- a. physicians and patients' groups enhancing disease awareness, providing disease education and advancing care
- b. the medical specialties of Pulmonology, Cardiology, Pathology, Rheumatology, Neurology, Oncology, Nephrology, Allergology, ENT, General Medicine and Intensive Care
- c. primary and tertiary care health

I will be looking forward to your maximal participation in a constructive three days Congress. Within the era of precision medicine, we should never forget that patients should lie at the core of decision making and disease management.

Argyrios Tzouvelekis MD, PhD, MSc

Professor of Internal and Respiratory Medicine
Head Department of Respiratory Medicine
University of Patras, Greece
Professor Adjunct, Yale School of Medicine, USA

Welcome Letter

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Σκέψου τα Μη Φυματικά Μυκοβακτηρίδια NTM



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Zoe Daniil

Athena Gogali

Georgios Hillas

Konstantinos Porpodis

Ioannis Patrikios

Paschalis Steiropoulos

Dimitrios Doumpanakis

Dimitrios Komninos

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Members

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Katerina Antoniou

Periklis Davlourous

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Bridges of PNEUMONOLOGY 2026

Scientific Program Thursday 4th June 2026

12:00 - 14:00 **Registration**



Department of Respiratory Medicine | General University Hospital of Patras

12:00 - 14:00 **Pre - congress workshops**

12:00 - 13:00 Hands on thoracic ultrasound, **C. Varsamas**

13:00 - 14:00 Bronchoscopy - back to basics, **N. Anagnostopoulos, I. Milivojević, F. Sampsonas, I. Sekulović - Radovanović**

14:00 - 15:50 **Welcome Session**

Bridges with society and primary care.

The transformative impact of medicine - Insights from healthcare professionals, patients and volunteers

Chair: **E. Albani, D. Grassos, P. Kyriazis**

- Medical volunteering in action - The role of medical students, **E. Psarros**
- The role of primary care physician and pneumonologist in the screening and prevention of chronic lung diseases, **G. Apollonatos, S. Skliros, E. Symvoulakis (discussion)**
- The role of nurse in the management of the chronic respiratory patient, **G. Kipourgos**
- PF patient testimony, **E. Stamouli**
- Lung cancer patient and caregiver testimony, **V. Mytilinaiou**



Scientific Program

Thursday 4th June 2026

Round Tables of Medical Students

14:50 - 15:50

Parallel Session I

Management of emergencies in primary care - The scope of young physicians

Chair: A. Christopoulos, I. Koulousousa, D. Papalexatos

Emergency Cases in Rural Primary Care

- Acute Coronary Syndrome, A. Mavromati
- Pulmonary Edema, T. Paizis
- Allergic Rhinitis | Allergic reactions and impeding airway obstruction, G. Kalantzis
- Exacerbations of obstructive pulmonary disease, C. Chatzigrigoriadis

15:50 - 16:00

Coffee Break

16:00 - 17:20

Round Table

Bridges of Pulmonology with Infectious Diseases - A journey through time

Chair: A. Liapikou, M. Marangos, N. Rovina

Keynote Lecture

New European Respiratory Society guidelines for the management of adult Bronchiectasis, A. Dimakou

- Management of hospital-acquired respiratory tract infections - The milestones of clinical research, S. Assimakopoulos
- Viral infections in severe asthma patients under biologic agents, N. Rovina
- Management of Tuberculosis - The milestones of clinical research, C. Moschos

Commentators: V. Georgakopoulou, M. Lagadinou, L. Leonidou



Bridges of PNEUMONOLOGY 2026

Scientific Program

Thursday 4th June 2026

Round Tables of Medical Students

16:00 - 17:00

Parallel Session II

Pitfalls in diagnosis and management of common pulmonary disease

Chair: I. Papanikolaou, M. Stroumpou, I. Tselepis

- Interstitial Lung Disease, D. – E. Kakolyris
- Tuberculosis, G. - A. Petraki
- Pulmonary Embolism, G. Bakopoulos
- Community acquired pneumonia with pleural effusion, M. - A. Tzouvelekis

17:20 - 17:45

Coffee Break

17:45 - 19:45

Round Table

Current Trends and Future Perspectives in Interventional Pulmonology

Chair: F. Sampsonas, G. Stratakos, I. Titopoulos

Keynote Lectures

- Current trends and future perspectives in Robotic Bronchoscopy, K. Lau
- The role of endosonography - Guided fine needle aspiration in preoperative restaging of lung cancer, S. Bilaceroglu
- Local treatment of peripheral nodules. When and how? What is the role of microwaves, cryoablation & radiofrequencies? N. Anagnostopoulos
- From ILAs to Early - IPF: When to move from observation to cryobiopsy, S. Tomassetti
- Rigid Bronchoscopy in the era of modern Interventional Pulmonology - When and why remains the golden standard, S. Popević

Commentators: M. Angelidis, E. Georgiannakis, L. Papastavrou



Scientific Program

Friday 5th June 2026

10:00 - 11:00

Round Table

Sleep disorders - A journey through time

Chair: **G. Efraimidis, K. Karkoulias, P. Steiropoulos**

State of the Art Lecture

Classification of sleep disorders beyond the conventional criteria,
D. Georgopoulos

Keynote Lecture

Chronotypes in obstructive sleep apnea, **G. Trakada**

- Hypoxic burden in obstructive sleep apnea, **K. Cholidou**
- Polysomnography - Back to Basics, **N. Athanasiou**

Commentators: **M. Katsaras, D. Lykouras**

Parallel Session

09:00 - 11:00

Young Investigator Session - From bench to bedside

Chair: **J. Khoury, M. Mukherjee, V. Sotiropoulou**

Keynote lecture

GPR87 as a novel therapeutic target in IPF, **J. Khoury**

- Pulmonary adipocyte deposits in lung fibrosis - A novel fibrotic regulator, **P. Tsiri**
- The role of monocytes and eosinophils as prognosticators of clinical outcomes in COPD, **A. Assioura**
- Prognostic biomarkers in fibrotic ILDs, **I. Nakou**
- Biologics in severe asthma - The role of biomarkers, **M. Blizou**
- Pulmonary Hypertension associated with Interstitial Lung Diseases - A case-based presentation, **E. Foteinaki**
- Beyond HRCT - Transthoracic U/S and Oscillometry for the Diagnosis of CTD-ILDs, **D. Mylopoulou**

11:00 - 11:15

Coffee Break



Bridges of PNEUMONOLOGY 2026

Scientific Program

Friday 5th June 2026

11:15 - 11:45 **Satellite Lecture** (page 19)

11:45 - 12:15 **Satellite Lecture** (page 19)

12:15 - 12:45 **Satellite Lecture** (page 19)

12:45 - 13:15 **Satellite Lecture** (page 19)

13:15 - 16:15 **Lunch Break**

16:15 - 17:30

Round Table

Bridges of Pulmonology with Oncology - A journey through time

Chair: **A. Christopoulou, I. Gkiozos, A. Koutras**

Keynote Lecture

Lung Cancer Screening - Unmet needs and current status,

G. Hardavella

- Targeted Therapy and Immunotherapy Propel - 10 years of progress in NSCLC, **G. Gomatou**
- Lung cancer molecular profiling - Advances and challenges, **V. Tzelepi**
- Smoking pandemic and smoking cessation - Where do we stand? **P. Katsaounou**

Commentators: **D. - S. Gkanetsou, D. Komninos, M. Pandi, E. Theochari**

17:30 - 18:00 **Satellite Lecture** (page 19)

18:00 - 18:15 **Coffee Break**

04-06 June
Rio-Patras, Greece



Scientific Program

Friday 5th June 2026

18:15 - 18:45

Keynote Lecture

Ethical dilemmas and end-life decisions - A critical challenge for modern medicine

Chair: D. Bouros, G. Kolios, I. Patrikios

Lecturer: I. Pnevmatikos

18:45 - 19:10

Lecture

What Thucydides teaches us about great power rivalry

Chair: G. Tsoukalas, A. Tzouvelekis

Lecturer: A. Platias

19:10

Opening ceremony | Salutations

Opening Lecture

The future of Pneumology over the next 50 years, N. Tzanakis

Honorary award for Professor Nikolaos Tzanakis,
presented by Epameinondas Kosmas



Bridges of PNEUMONOLOGY 2026

Scientific Program

Saturday 6th June 2026

08:30 - 09:45

Round Table

Bridges of Pulmonology with Cardiovascular diseases - A journey through time

Chair: **G. Chatzantonis, P. Davlouros, T. Raptakis**

State of the art Lecture

Insights from the HI - PEITHO trial, **S. Konstantinides**

- Challenges and opportunities in the management of post pulmonary embolism impairment, **S. Sarinc**
- Management Heart Failure with preserved EF (HFpEF), **A. Karanasos**
- Challenges and opportunities in the management of Group 3 Pulmonary Hypertension - Milestones of clinical research, **I. Mitrouska**

Commentators: **M. Doumani, R. Koros, E. Tsoni**

09:45 - 10:15

Satellite Lecture (page 20)

10:15 - 10:45

Satellite Lecture (page 20)

10:45 - 11:00

Coffee Break

11:00 - 12:00

Round Table

Chronic Obstructive Pulmonary Disease

Chair: **G. Hillas, S. Loukides, A. Papaioannou**

Keynote Lecture

Mortality trends in COPD, **T. Vassilakopoulos**

A. COPD

- Towards a unified approach for the management of COPD and asthma, **K. Kostikas**
- Impact of climate changes in COPD, **M. Gaga**

Commentators: **D. Chorianopoulos, E. Vrouvakis, G. Zacharis**

12:00 - 13:00

Satellite Symposium (page 20)

13:00 - 13:30

Satellite Lecture (page 20)

04-06 June
Rio-Patras, Greece



Scientific Program

Saturday 6th June 2026

13:30 - 14:45

Round Table

Severe asthma - From phenotypes to phenotypes

Chair: E. Fouka, F. Psarros, K. Samitas

Keynote Lecture

Eosinophils as potentiators of autoimmunity - (anti)-bodies of evidence,
M. Mukherjee

B. Asthma

- Unmet needs in severe asthma, **K. Samitas**
- Remodeling in asthma - Diagnostic tools and therapeutic challenges,
K. Domvri
- Chronic rhinosinusitis unmet needs and future perspectives, **M. Makris**
- The role of surgery in nasal polyps in the era of biologic agents,
S. Lygeros

Commentators: **I. Christopoulos, A. Georgolios, C. Kontogianni**

14:45 - 17:30

Lunch Break

17:30 - 18:00

Satellite Lecture (page 20)

18:00 - 18:30

Keynote Lecture

IPF - From A to Z

Chair: **A. Tzouvelekis**

Lecturer: **D. Bouros**



Bridges of PNEUMONOLOGY 2026

Scientific Program

Saturday 6th June 2026

18:30 - 20:30

Round Table

Interstitial Lung Diseases

Chair: **Z. Daniil, E. Manali, V. Tzilas**

Keynote Lecture

Fibrosis across organ systems - From passive comorbidities to active fibrotic mediators, **G. Jenkins**

- Management of CTD-ILDs - From guidelines to every clinical practice, **K. Antoniou**
- ERS/EULAR CTD-ILD guidelines - The rheumatologist perspective, **S. - N. Liossis**
- Management of sarcoidosis - Milestones of clinical research, **M. - A. Man**
- Managing the comorbidome in fibrotic lung diseases, **G. Margaritopoulos**
- Management of Interstitial Lung Abnormalities, **A. Gogali**
- Drug induced ILDs - Novel concepts for old ideas, **F. Drakopanagiotakis**

Commentators: **A. Bounas, V. Sotiropoulou, P. Tsiri**

20:30 - 21:00

Closing Ceremony - Concluding Remarks

04-06 June
Rio-Patras, Greece



Satellite Symposia - Lectures

Friday 5th June 2026

11:15 - 11:45

sanofi

Satellite Lecture

COPD with Type 2 Inflammation - Latest Evidence and Contemporary Therapeutic Approaches

Chair: **S. Loukides**

Lecturer: **A. Papaioannou**

11:45 - 12:15

Chiesi

Satellite Lecture

Extrafine Triple Therapy in Asthma and COPD

Chair: **E. Zervas**

- The role of LAMA in Asthma Management - In which patients and why? **C. Kontogianni**
- The importance of Timely intervention in COPD management - Real-world data from Greece, **I. Voulgareli**

12:15 - 12:45

GSK

Satellite Lecture

RSV and Obstructive Airway Diseases - Dangerous Relationships

Chair: **S. Loukides**

Lecturer: **G. Hillas**

12:45 - 13:15

AstraZeneca

Satellite Lecture

Advancing Sustainable Disease Control in Respiratory Medicine

Chair: **G. Hillas**

- Sustainability begins with disease control - A multidimensional approach to COPD, **S. Tryfon**
- Eosinophils in Severe Asthma - Linking Inflammation and Remodelling, **V. Vitsas**

17:30 - 18:00

GSK

Satellite Lecture

Bridging the latest evidence with clinical practice in Severe Asthma & COPD

Chair / Introduction: **K. Porpodis**

- What do we learn from the latest evidence on IL-5 inhibition in severe asthma? **D. Siopi**
- The clinical value of biologic therapy in COPD, **E. Tzortzaki**

Discussion: **K. Porpodis, D. Siopi, E. Tzortzaki**



Bridges of PNEUMONOLOGY 2026

Satellite Symposia – Lectures Saturday 6th June 2026

09:45 - 10:15



Satellite Lecture

Chair: **K. Antoniou**

- Epithelial Health - Connecting upper and lower airway disease, **A. Papaioannou**
- Management of severe asthma patients with complex clinical profiles, **D. Papalexatos**

10:15 - 10:45



Satellite Lecture

From dual bronchodilator to triple therapy in COPD

Chair: **S. Loukides**

Lecturer: **T. Vassilakopoulos**

12:00 - 13:00



Satellite Symposium

Latest Data in the Prevention of Pneumococcal Disease and Respiratory Syncytial Virus (RSV)

Chair: **P. Steiropoulos**

- Prevention strategy for Respiratory Syncytial Virus (RSV) - The contribution of the bivalent vaccine (RSVpreF), **T. Vassilakopoulos**
- PCV20 - A strategy for comprehensive pneumococcal vaccination in adults, **K. Kostikas**

13:00 - 13:30



Satellite Lecture

Maximal bronchodilation as the cornerstone of current therapeutic COPD management

Chair: **A. Tzouvelekis**

Lecturer: **G. Hillas**

17:30 - 18:00



Satellite Lecture

Aiming at what matters - Early diagnosis and treatment in IPF and PPF

Chair: **A. Tzouvelekis**

Lecturers: **A. Gogali, G. Margaritopoulos**



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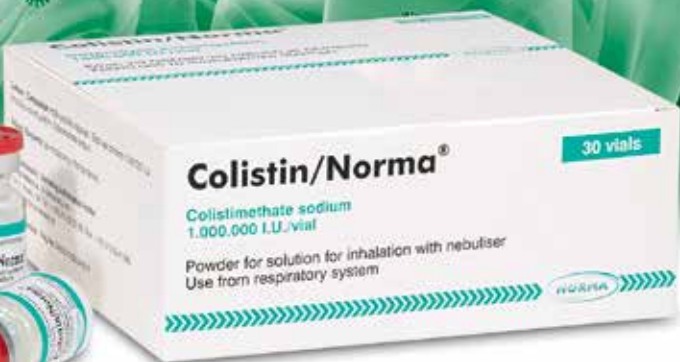
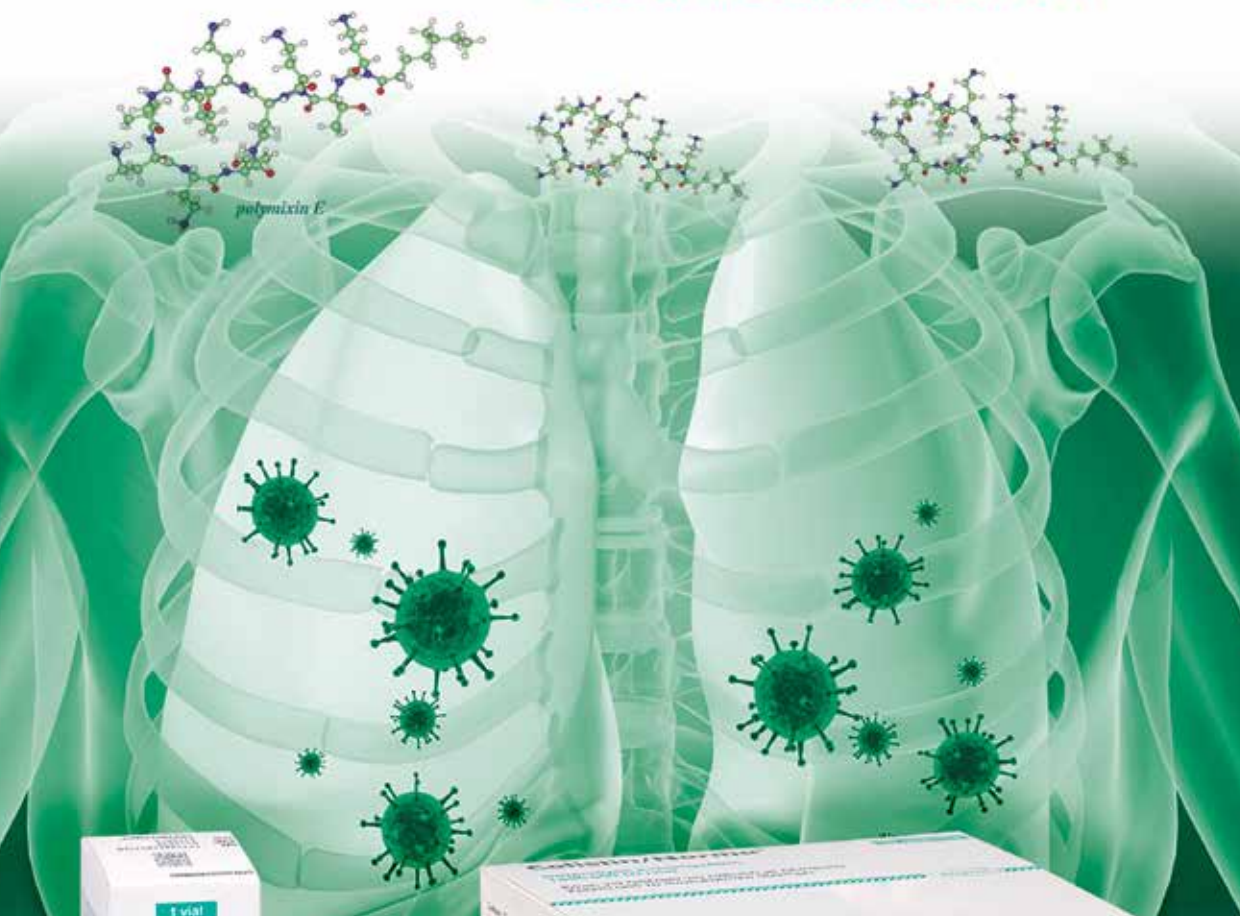
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04-06 June
Rio-Patras, Greece



General Information

Dates

Thursday, 4th of June 2026

Friday, 5th of June 2026

Saturday, 6th of June 2026

Venue

Conference & Cultural Center of the University of Patras

Address: Patras University Campus, 265 04 Patras, Greece

Tel: +30 2610 996734

Registration

In - Person Attendance

- To register at the congress is mandatory to submit the registration form, which you can find [here](#).
- Registered participants will receive an e-badge, which will include a personal barcode required for scanning upon entry to and exit from the session halls, as well as the final scientific program (e-Program) via a QR code.
- New registrations can be submitted at the congress secretariat, which will operate at the congress venue throughout the congress.

Online Attendance

- The congress will be live-streamed via the website www.bridgesofpneumology2026.com.
- A prerequisite is the use of the email you provided in your registration form, along with your personal barcode (included in the e-badge).
- Interactivity will be facilitated through an online comment submission form, which will be available throughout the event, allowing you to submit your questions to the speakers.

Information

- The registered delegates will receive instructions to download their Certificate of Attendance via email.
- The congress is accredited by the Panhellenic Medical Association (PhMA) with 17.5 European CME credits (ECMECs).
- Attendance time will be recorded both through the physical presence of participants in each hall and through the duration of online attendance on the streaming platform.

Technical Secretariat

During the Conference there will be a technical secretariat to receive the presentations and address any technical issues. Speakers are kindly requested to deliver their presentations to the technical secretariat, at least one hour prior to their scheduled participation.

Congress Secretariat



26 Marathonomahon St. 151 24, Marousi, Greece,
Tel.: 0030 2106827405, 0030 210 6839690 - 1,
Fax: 0030 210 6827409, Email: cgastounioti@tmg.gr

www.tmg.gr

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04-06 June
Rio-Patras, Greece



Acknowledgements



