

Ενδείξεις εφαρμογής ΜΕΜΑ στα ΤΕΠ

Κυριακούδη Άννα
Πνευμονολόγος –Εντατικολόγος
Επιμελήτρια Β' / ΜΕΘ Α' Πανεπιστημιακή
Πνευμονολογική κλινική
ΝΝΘΑ «Η Σωτηρία»

No Conflict of Interest



THE LANCET]

DR. E. P. POULTON: LEFT-SIDED HEART FAILURE; PULMONARY ODEMA

[OCT. 24, 1936 981

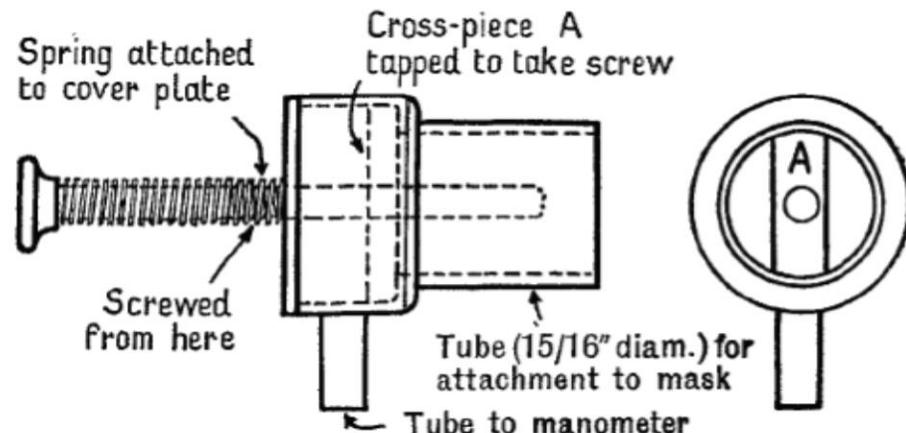
PULMONARY ODEMA

ITS TREATMENT WITH THE "PULMONARY PLUS
PRESSURE MACHINE"

BY E. P. POULTON, D.M. Oxon., F.R.C.P. Lond.
PHYSICIAN TO GUY'S HOSPITAL, LONDON

ACUTE pulmonary oedema of circulatory origin must be due to incoördination between the right and left ventricle such that the volume of blood delivered per minute into the pulmonary circulation is not completely passed on into the systemic circulation by the left ventricle. Congestion of the pulmonary circulation with local rise of blood pressure must follow, leading to acute pulmonary oedema. A case of this kind with myocardial degeneration was investigated about ten years ago by Campbell and Poulton^{1,2} in which evidence was brought forward that

vacuum cleaner would do a similar job unless too big a flow; it is cut down by an adjustable resistance or a machine of oversize voltage may be used. When the household vacuum cleaner is employed the machine should be run for some minutes first of all to get rid of dust; then a new flexible tube should be fitted, and there should be a cotton-wool filter. If



POSITIVE PRESSURE RESPIRATION AND ITS APPLICATION TO THE TREATMENT OF ACUTE PULMONARY EDEMA*

By ALVAN L. BARACH, M.D., F.A.C.P., JOHN MARTIN, M.D., and
MORRIS ECKMAN, B.S., New York, N. Y.

Κύριες ενδείξεις ΜΕΜΑ στο ΤΕΠ

- Οξύ πνευμονικό οίδημα
- Οξεία παρόξυνση ΧΑΠ
- Υποξαιμική αναπνευστική ανεπάρκεια (Πνευμονία)
- Παχυσαρκία – υποαερισμό
- Άλλες (πχ. Νευρομυϊκά, ανοσοκαταστολή, ηλικιωμένους, στην ανακουφιστική φροντίδα)

Contra-indications

Absolute	Relative
Respiratory arrest	Medically unstable (hypotensive shock, uncontrolled cardiac ischemia, or arrhythmia)
Unable to fit mask	Agitated, uncooperative
Uncontrolled vomiting or copious upper gastrointestinal bleeding	Unable to protect airway
Total upper airway obstruction	Swallowing impairment
Facial trauma	Excessive secretions not managed by secretion clearance techniques
Patient decline	Multiple (two or more) organ failure Recent upper airway or upper gastrointestinal surgery Progressive severe respiratory failure Pregnancy

ORIGINAL ARTICLE

Non-invasive ventilation as a first-line treatment for acute respiratory failure: "real life" experience in the emergency department

C Antro, F Merico, R Urbino, V Gai

Retrospective study, 190pts with ARF, 200 NIV trials:

- Mean age 72 ± 12.9
- Mean APACHE II 18.9 ± 5.9
- 61% of trials was successful
- Global mortality 34.5%
- ETI rates were 6.5%
- Tracheostomy rate 1%

Predictive factors (adjusted for age and sex) of non-invasive ventilation (NIV) success and death

	Overall			Hypercapnic group		
	OR	CI 95%	p	OR	CI 95%	p
Age, years	1.03	1.00–1.05	0.039	1.03	0.99–1.06	0.102
Sex (male=1)	0.58	0.32–1.06	0.075	0.49	0.24–1.02	0.057
APACHE II	1.09	1.03–1.16	0.003	1.12	1.04–1.20	0.003
pH*	1.01	0.98–1.04	0.640	0.98	0.94–1.02	0.315
PaCO ₂ (mm Hg)	1.00	0.98–1.01	0.612	1.01	0.99–1.03	0.410
Decreased level of consciousness	1.55	0.97–2.51	0.067	1.65	0.93–2.91	0.085
+PaCO ₂ 6 h	0.44	0.17–1.14	0.091	0.33	0.97–1.13	0.078
+pH 6 h	0.16	0.05–0.50	0.002	0.14	0.03–0.62	0.009

risk factors for NIV failure

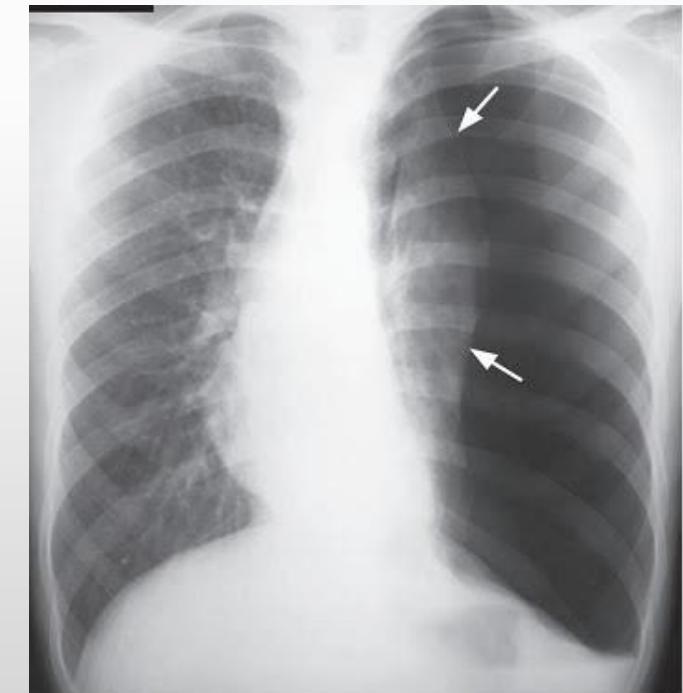
Risk factors (predictors)	Univariate analysis			Multivariate analysis		
	OR	95 % CI	P value	OR	95 % CI	P value
Age (years)	0.97	0.94–0.99	0.015	0.96	0.93–0.99	0.007
Male gender	2.24	0.86–5.83	0.100			
Mean arterial pressure (mmHg)	0.98	0.95–1.00	0.037			
Heart rate (bpm)	1.02	1.00–1.05	0.037			
APACHE II score	1.10	1.00–1.21	0.039	1.13	1.02–1.25	0.018
Arterial pH	0.95	0.89–1.01	0.116			
Bicarbonate (mmol/L)	0.87	0.78–0.97	0.009			
Arterial lactate (mg/dL)	1.05	0.99–1.10	0.081			
Transplantation	10.50	2.00–54.95	0.005			
Acute respiratory distress syndrome	2.57	0.68–9.80	0.167			

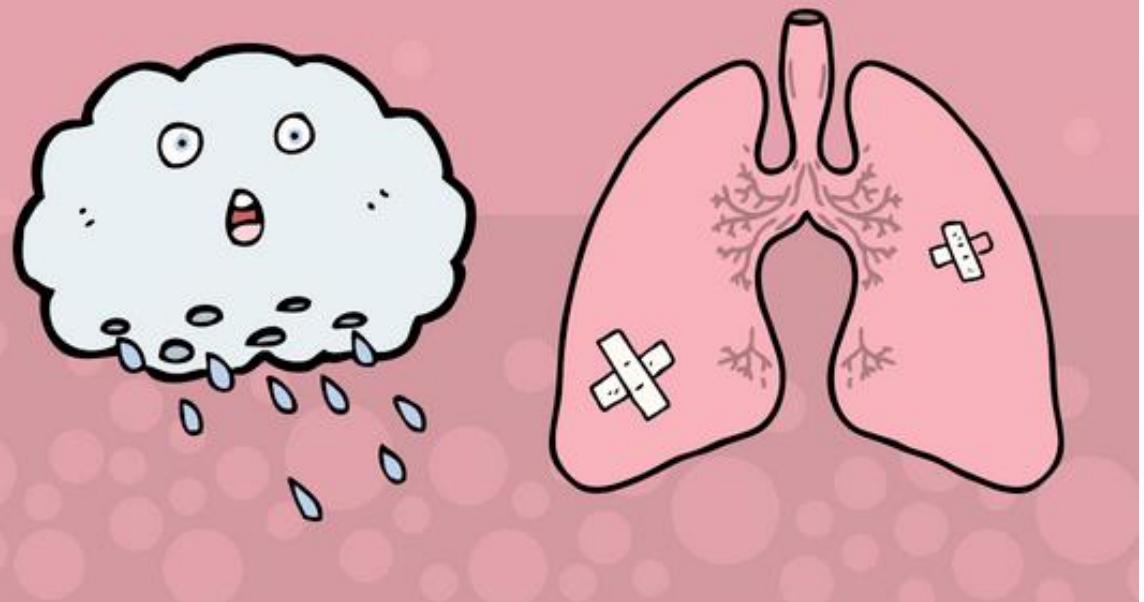
Επιπλοκές

Συχνές

Λιγότερο
συχνές

Σπάνιες





Non-Invasive Ventilation in Acute Cardiogenic Pulmonary Edema

Rational

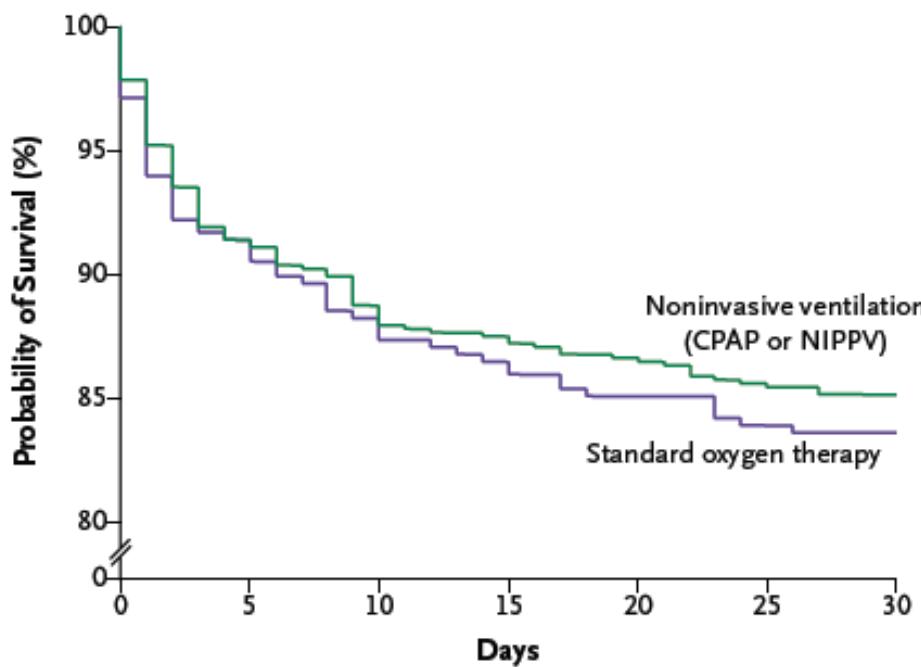
- Μείωση προφόρτιου ΔΕ κοιλίας
- Μείωση μεταφόρτιου ΑΡ κοιλίας
- Μείωση του έργου της αναπνοής
- Αποφόρτιση αναπνευστικών μυών
- Βελτίωση της δύσπνοιας



ORIGINAL ARTICLE

Noninvasive Ventilation in Acute Cardiogenic Pulmonary Edema

Alasdair Gray, M.D., Steve Goodacre, Ph.D., David E. Newby, M.D.,
Moyra Masson, M.Sc., Fiona Sampson, M.Sc., and Jon Nicholl, M.Sc.,
for the 3CPO Trialists*



No. at Risk

CPAP or NIPPV	667	609	591	583	577	570	567
Standard therapy	348	318	307	301	296	292	291



Primary and secondary outcomes

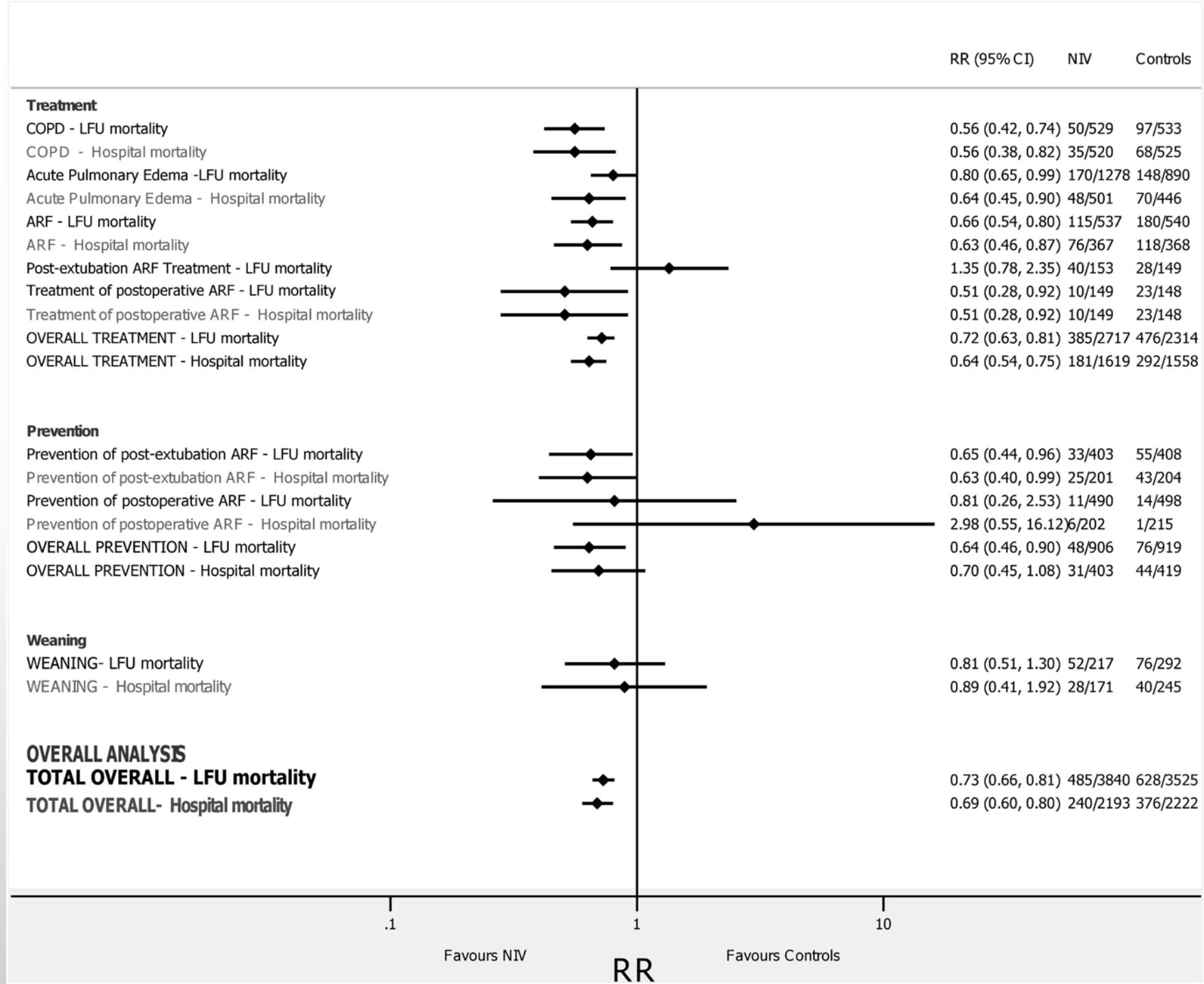
Variable	Standard Oxygen Treatment (N=367)	CPAP or NIPPV (N=702)	Odds Ratio (95% CI)	P Value
Death within 7 days (% of patients)	9.8	9.5	0.97 (0.63 to 1.48)	0.87
Intubation within 7 days (% of patients)	2.8	2.9	1.05 (0.49 to 2.27)	0.90
Intubation within 7 days (% of patients)	2.8	2.9	1.05 (0.49 to 2.27)	0.90
WHO criteria	24.9	27.0	1.12 (0.84 to 1.49)	0.46
Universal criteria	50.5	51.9	1.06 (0.82 to 1.36)	0.66
			Difference between Means (95% CI)†	
Mean length of hospital stay (days)	10.5	11.4	0.9 (-0.2 to 2.0)	0.10
Dyspnea score§	3.9	4.6	0.7 (0.2 to 1.3)	0.008
Pulse rate (beats/min)	13	16	4 (1 to 6)	0.004
Blood pressure (mm Hg)				
Systolic	34	38	3 (-1 to 8)	0.17
Diastolic	22	22	0 (-3 to 3)	0.95
Respiratory rate (breaths/min)	7.1	7.2	0.2 (-0.8 to 1.1)	0.74
Peripheral oxygen saturation (%)	93.5	93.0	-0.4 (-1.4 to 0.6)	0.41
Arterial pH	0.08	0.11	0.03 (0.02 to 0.04)	<0.001
Arterial PaO ₂ (kPa)	9.7	9.8	-1.2 (-2.8 to 0.1)	0.07
Arterial PaCO ₂ (kPa)	8.8	15.5	0.7 (0.4 to 0.9)	<0.001
Serum bicarbonate level (mmol/liter)	17.0	18.0	0.1 (-0.7 to 1.0)	0.77



Meta-analysis, 76 trials:

- NIV ↓ mortality (12.6% vs 17.8% in control arm, RR=0.73 (0.66 -0.81), p<0.001)

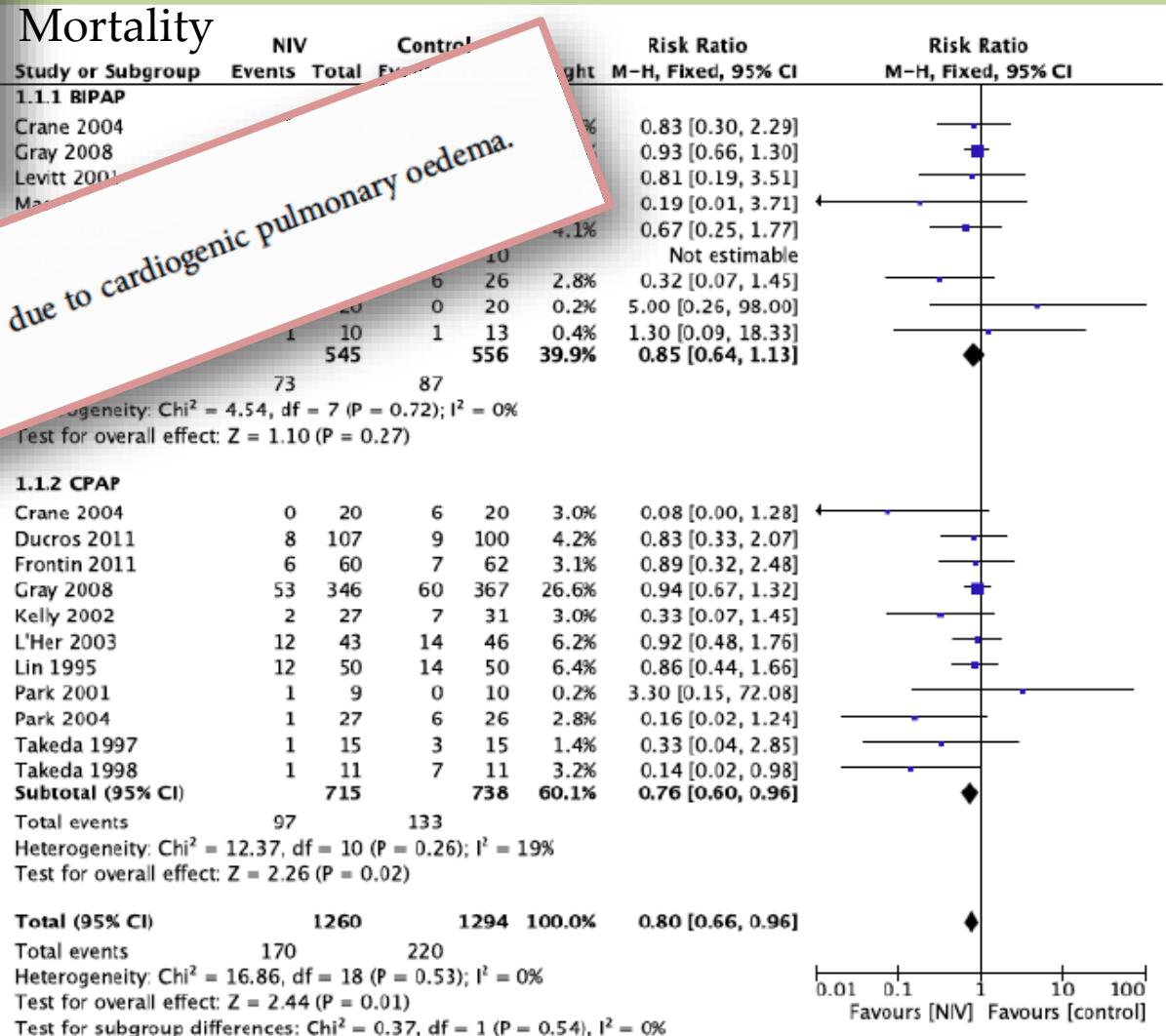
Crit Care Med 2015;43:880-888



Official ERS/ATS clinical practice guidelines: noninvasive ventilation for acute respiratory failure

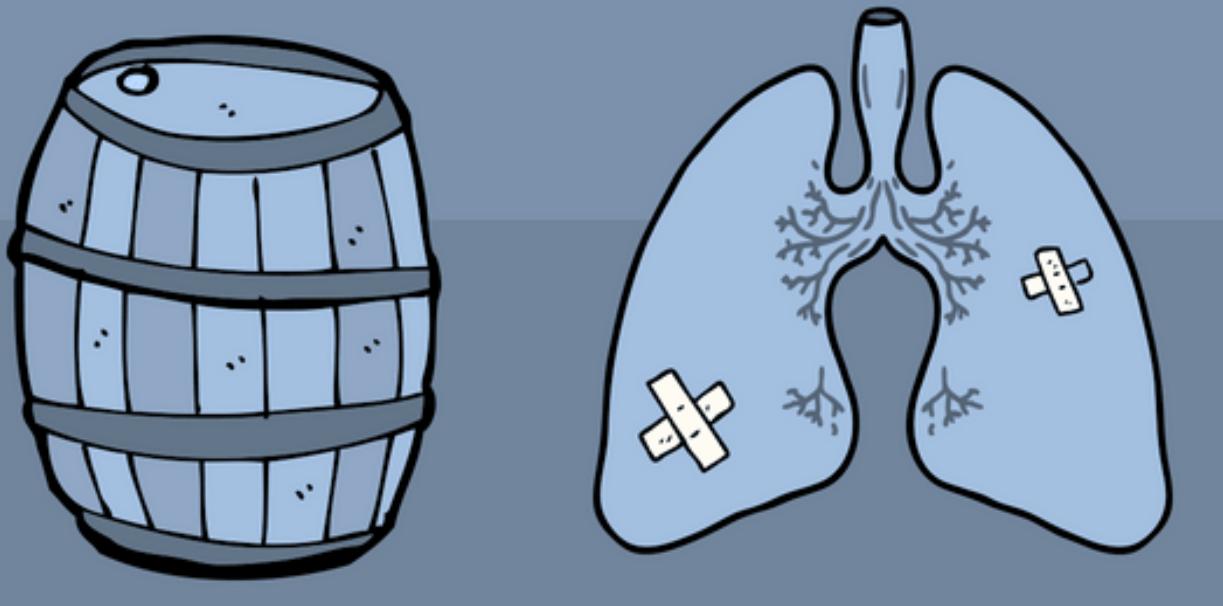
Bram Rochwerg ¹⁰¹, Laurent Brochard^{2,3}, Mark W. Elliott⁴, Dean Hess⁵, Nicholas S. Hill⁶, Stefano Nava⁷ and Paolo Navalesi⁸ (members of the steering committee); Massimo Antonelli⁹, Jan Brozek¹, Giorgio Conti⁹, Miquel Ferrer¹⁰, Kalpalatha Guntupalli¹¹, Samir Jaber¹², Sean Keenan^{13,14}, Jordi Mancebo¹⁵, Sangeeta Mehta¹⁶ and Suhail Raoof^{17,18} (members of the task force)

Recommendation
We recommend either bilevel NIV or CPAP for patients with ARF due to cardiogenic pulmonary oedema.
(Strong recommendation, moderate certainty of evidence.)



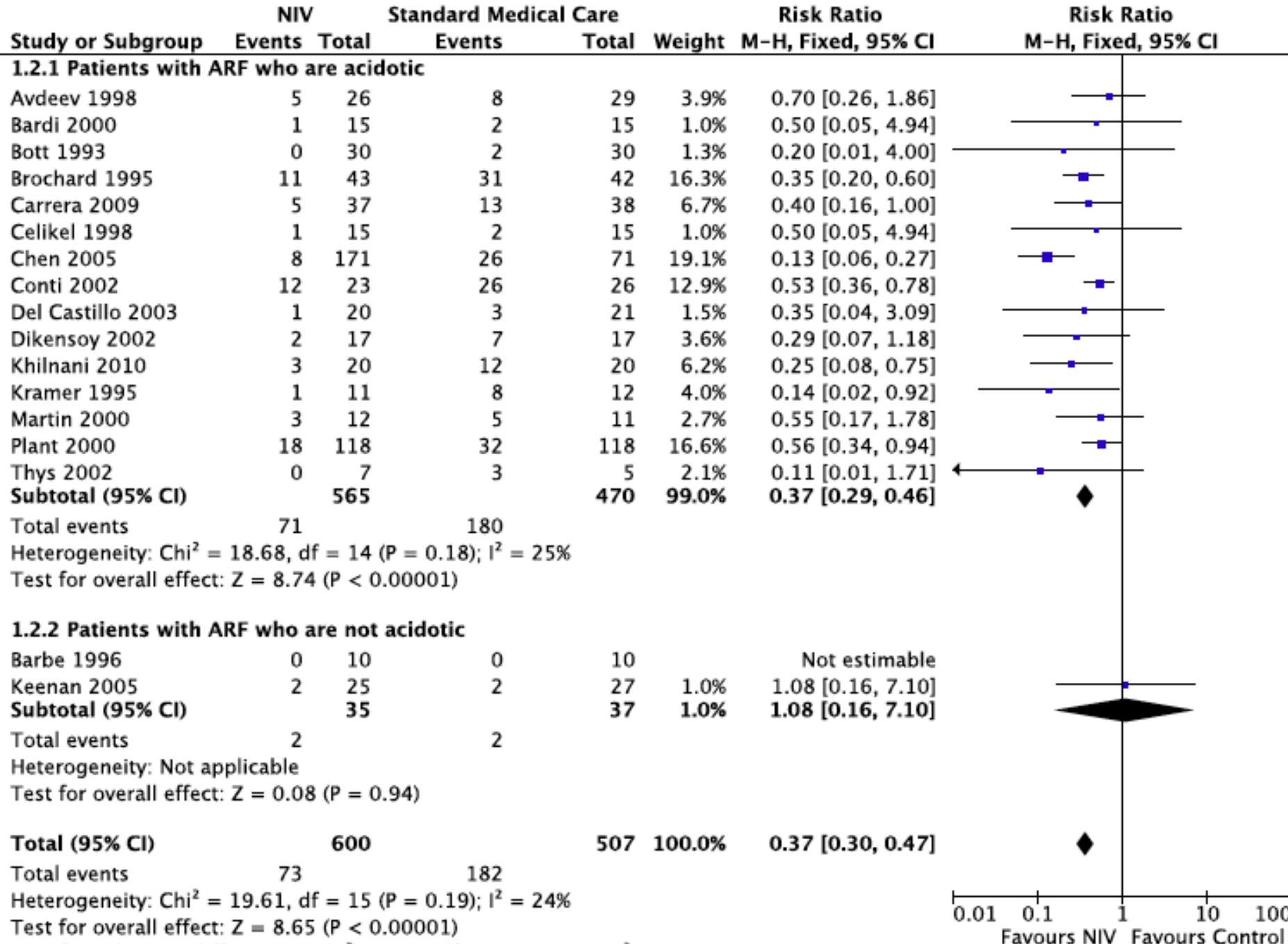
24 studies, 2664 pts with ACPE

- NIV ↓ hospital mortality RR=0.65 (0.51-0.82)
- NIV probably ↓ intubation rate RR=0.49 (0.38-0.62)
- Adverse events were similar between groups



Non-Invasive Ventilation in Acute Exacerbation of COPD

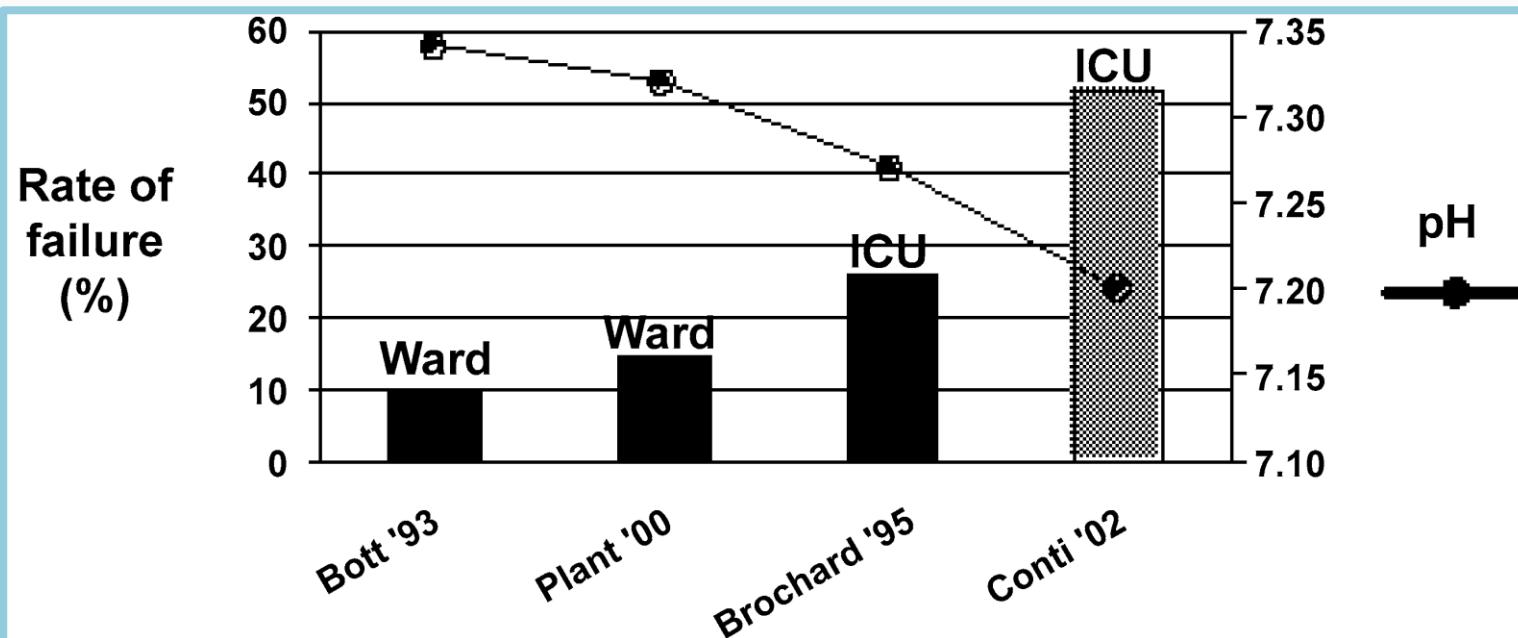
- NIV relieves dyspnea
- improves vital signs
- improves gas exchange
- prevents endotracheal intubation
- ↓ complications
- ↓ mortality
- shortens the time spent in hospital



Ποιοι ασθενείς με παρόξυνη ΧΑΠ ωφελούνται;

	Standard	NIV	p
Intention-to-treat			
Failed	32/118 (27%)	18/118 (15%)	0.02
Died	24/118 (20%)	12/118 (10%)	0.05
Subgroup analysis			
pH<7.30			
Failed	16/38 (42%)	13/36 (36%)	0.64
Died	13/38 (34%)	8/36 (22%)	0.31
pH>=7.30			
Failed	16/80 (20%)	5/82 (6%)	0.01
Died	11/80 (14%)	4/82 (5%)	0.06

Lancet 2000; 355: 1931–35



Όσο πιο οξεωτικό pH τόσο
μεγαλύτερο ποσοστό¹
αποτυχίας

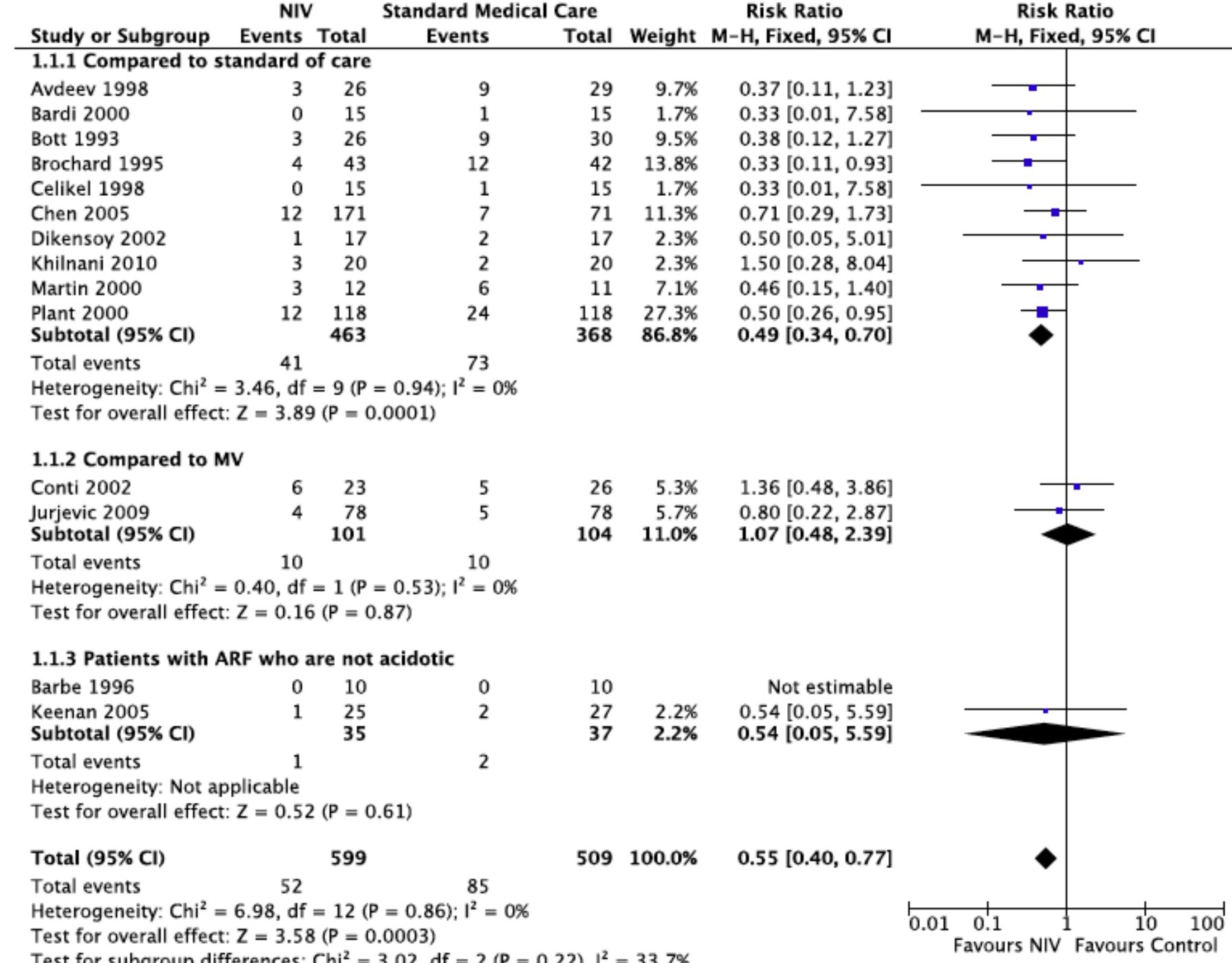
Intensive Care Med 2006; 32:361–370



NIV ↓ mortality in acute hypercapnic respiratory failure due to a COPD exacerbation

Recommendations:

- We recommend bilevel NIV for patients with ARF with pH ≤ 7.35 due to COPD exacerbation.
(Strong recommendation, high certainty of evidence.)

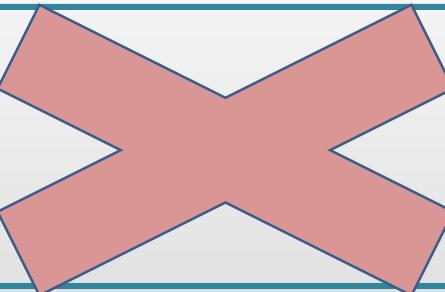


Prognostic features relating to use of NIV in COPD

- ↓ RR, improvement pH within 4h
- ↓ signs of resp. distress

Eur Respir J 2005;25:348–55.

- Age>75 years



Age Ageing 2011;40:444–50.
Int J Clin Pract 2012;66:434–7.

Non-invasive ventilation in acute exacerbations of chronic obstructive pulmonary disease: long term survival and predictors of in-hospital outcome

P K Plant, J L Owen, M W Elliott

Variables at enrolment associated with failure of treatment

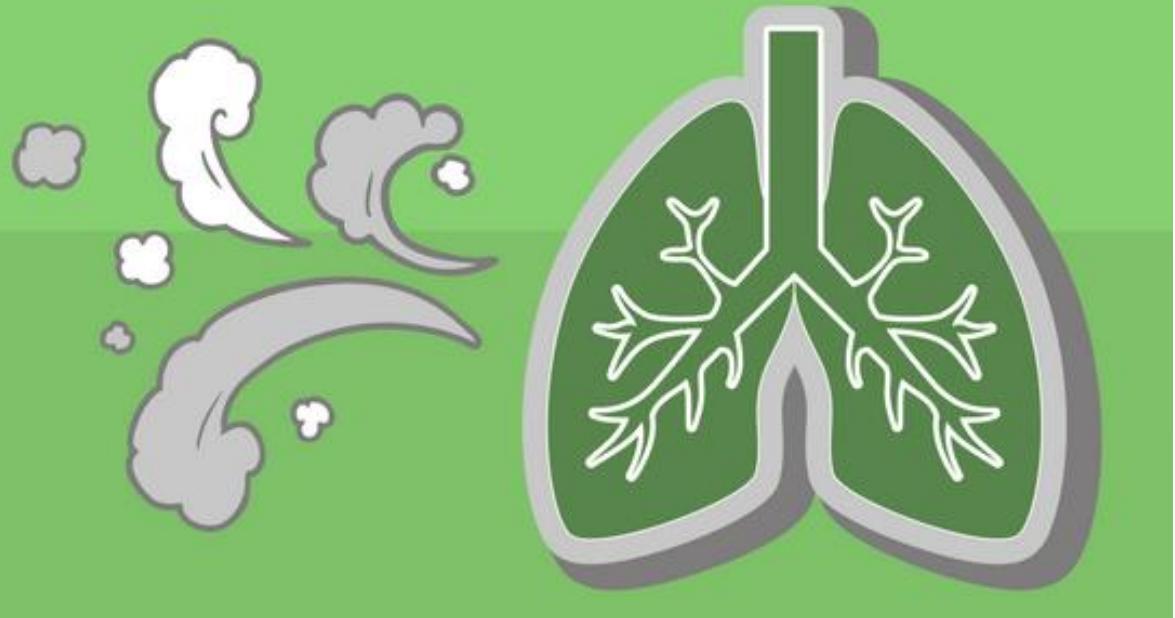
Variable	Univariate analysis p value	Multivariate analysis	
		Odds ratio	p value
Age	0.569		
Sex	0.526		
H ⁺	<0.001	1.22 (1.09 to 1.37) per nmol/l	<0.01
Pao ₂	0.035		
Paco ₂	<0.001	1.14 (1.14 to 1.81) per kPa	<0.01
Respiratory rate	0.330		
Radiographic consolidation	0.136		
Allocation to NIV	0.038	0.39 (0.19 to 0.80)	<0.01

Relative risk of failure

pH	Treatment	Paco ₂			
		6 kPa	8 kPa	10 kPa	12 kPa
7.35	Standard	1.00	1.30	1.69	2.19
	+ NIV	0.39	0.51	0.66	0.86
7.30	Standard	2.96	3.84	5.00	6.49
	+ NIV	1.15	1.50	1.95	2.53
7.25	Standard	9.98	12.97	16.85	21.90
	+ NIV	3.89	5.06	6.57	8.54

Σε ποιους ασθενείς με AECOPD και που θα πρέπει να εφαρμόζεται ο MEMA

	Ward	ICU/HDU	Standard	NIV	IMV
pH > 7.35	✗		✗		
7.30 < pH < 7.35	✗			✗	
7.25 < pH < 7.30	✗	✗		✗	
pH < 7.25		✗		✗	✗



Non-Invasive Ventilation in Acute Asthma

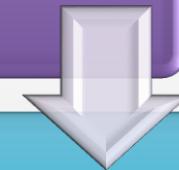
acute and reversible episode of
bronchospasm



↑ airway resistance



acute change in mechanical load

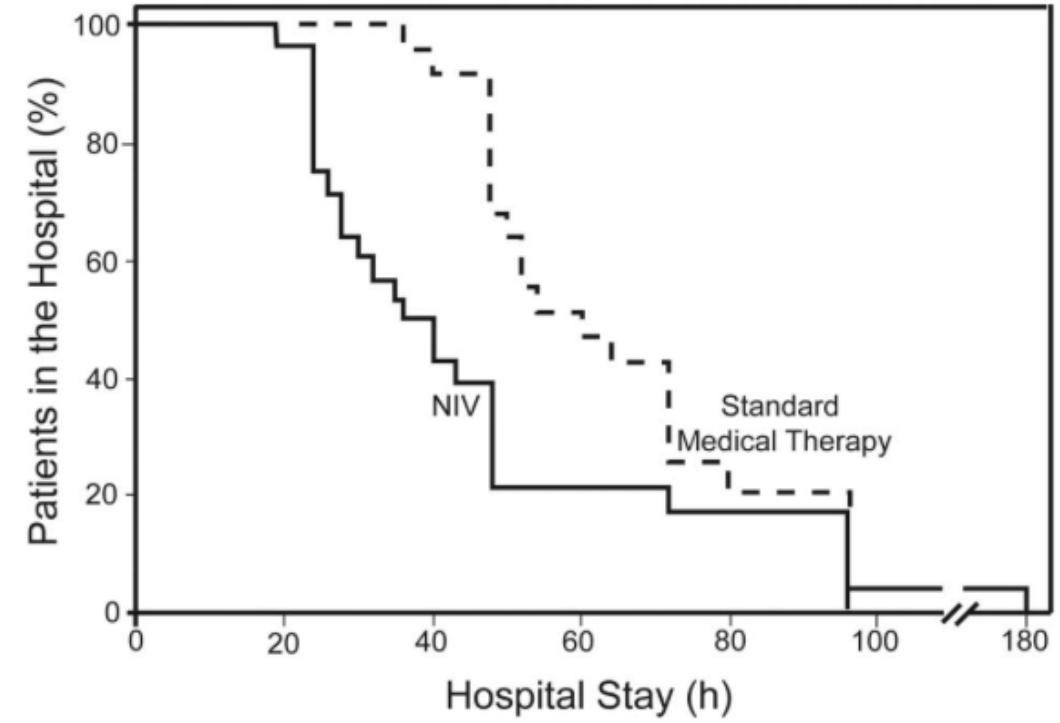
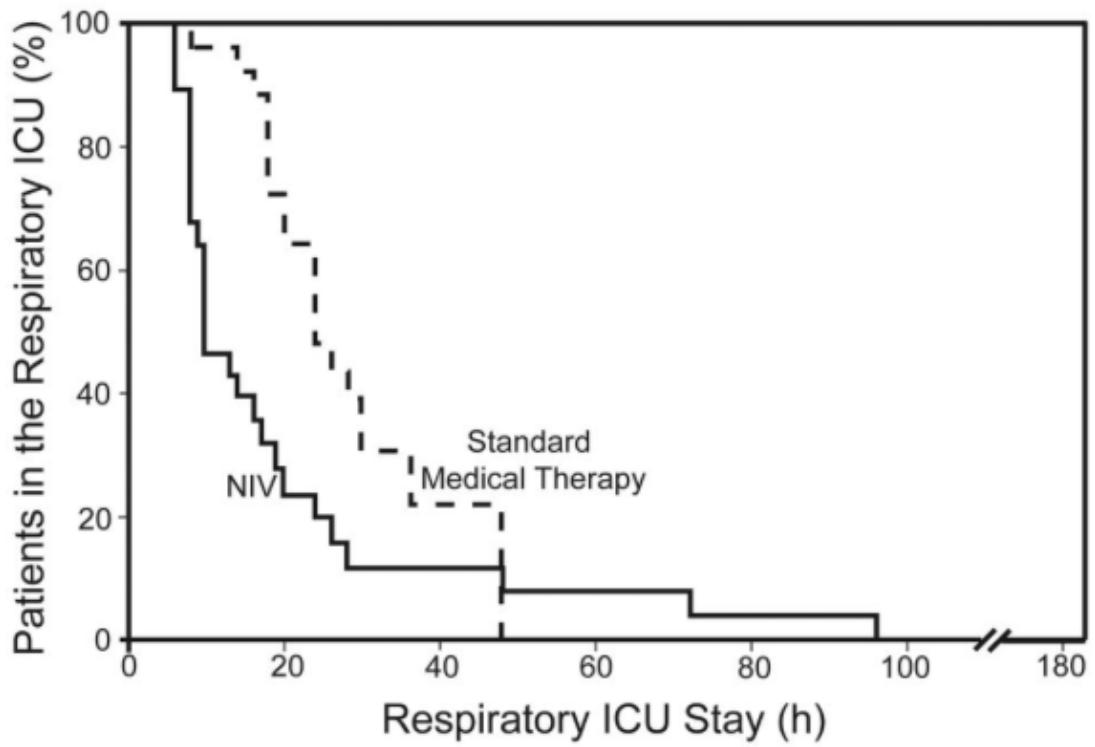


hyperinflation, ↑ resp.muscle effort, dyspnea



NIV ⇒ ↓ resp.muscle work

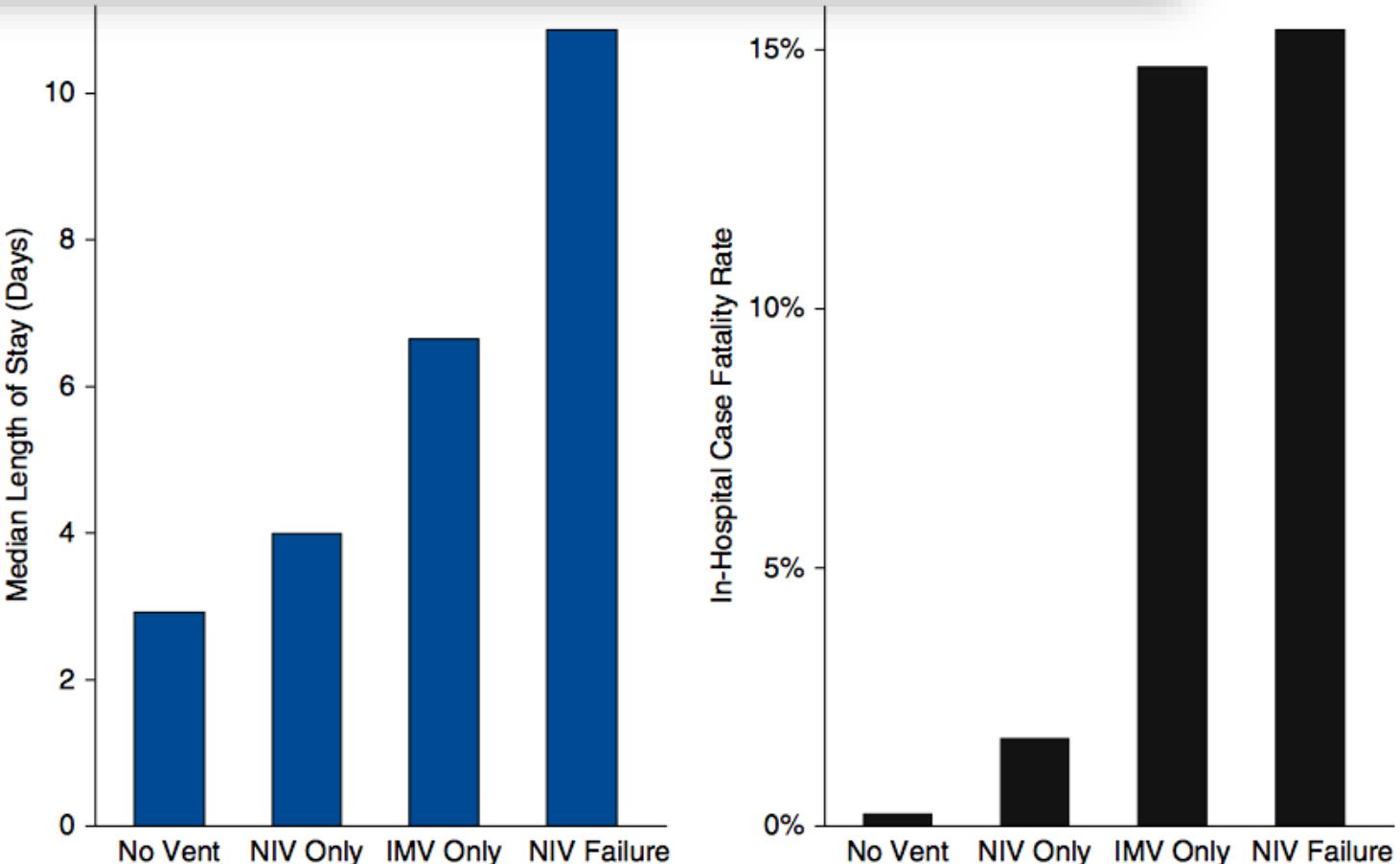
NIV in severe acute Asthma



Outcomes of Noninvasive and Invasive Ventilation in Patients Hospitalized with Asthma Exacerbation

Mihaela S. Stefan^{1,2,3}, Brian H. Nathanson⁴, Tara Lagu^{1,2,3}, Aruna Priya¹, Penelope S. Pekow^{1,5}, Jay S. Steinrub⁶, Nicholas S. Hill⁷, Robert J. Goldberg⁸, David M. Kent⁹, and Peter K. Lindenauer^{1,2,3}

- Retrospective cohort study, 97
USA hospitals, 4-years period:
- Use NIV was 4%
 - Use IMV was 5%
 - Failure rate of NIV was 4.7%



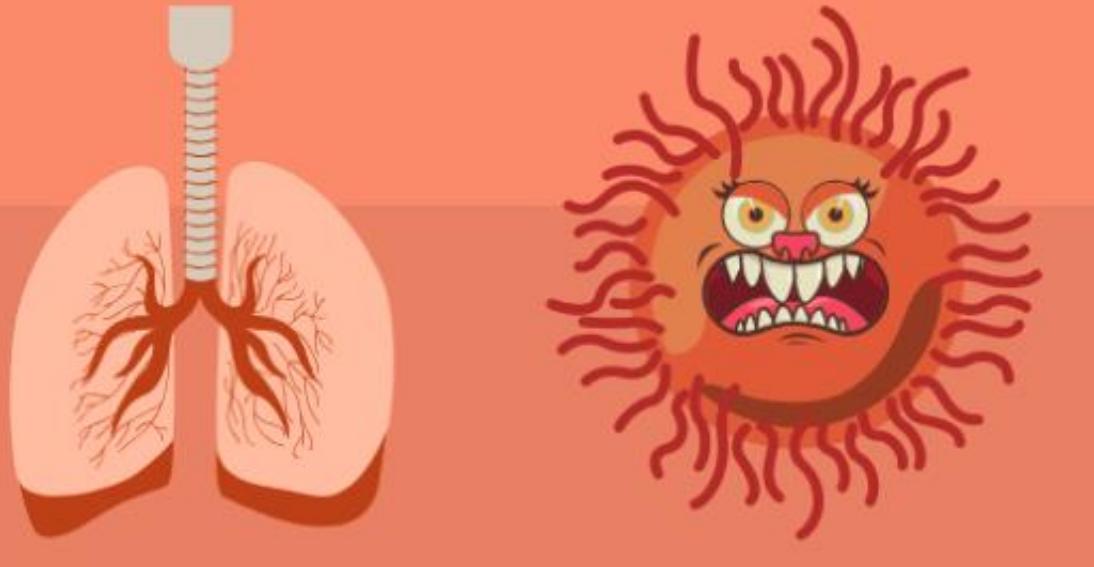
The increased risk of mortality for pts who fail NIV need careful monitoring to avoid delay in intubation

Official ERS/ATS clinical practice guidelines: noninvasive ventilation for acute respiratory failure

Bram Rochwerg ¹, Laurent Brochard^{2,3}, Mark W. Elliott⁴, Dean Hess⁵,
Nicholas S. Hill⁶, Stefano Nava⁷ and Paolo Navalesi⁸ (members of the steering
committee); Massimo Antonelli⁹, Jan Brozek¹, Giorgio Conti⁹, Miquel Ferrer¹⁰,
Kalpalatha Guntupalli¹¹, Samir Jaber¹², Sean Keenan^{13,14}, Jordi Mancebo¹⁵,
Sangeeta Mehta¹⁶ and Suhail Raoof^{17,18} (members of the task force)

Recommendation

Given the uncertainty of evidence we are unable to offer a recommendation on the use of NIV
for ARF due to asthma.

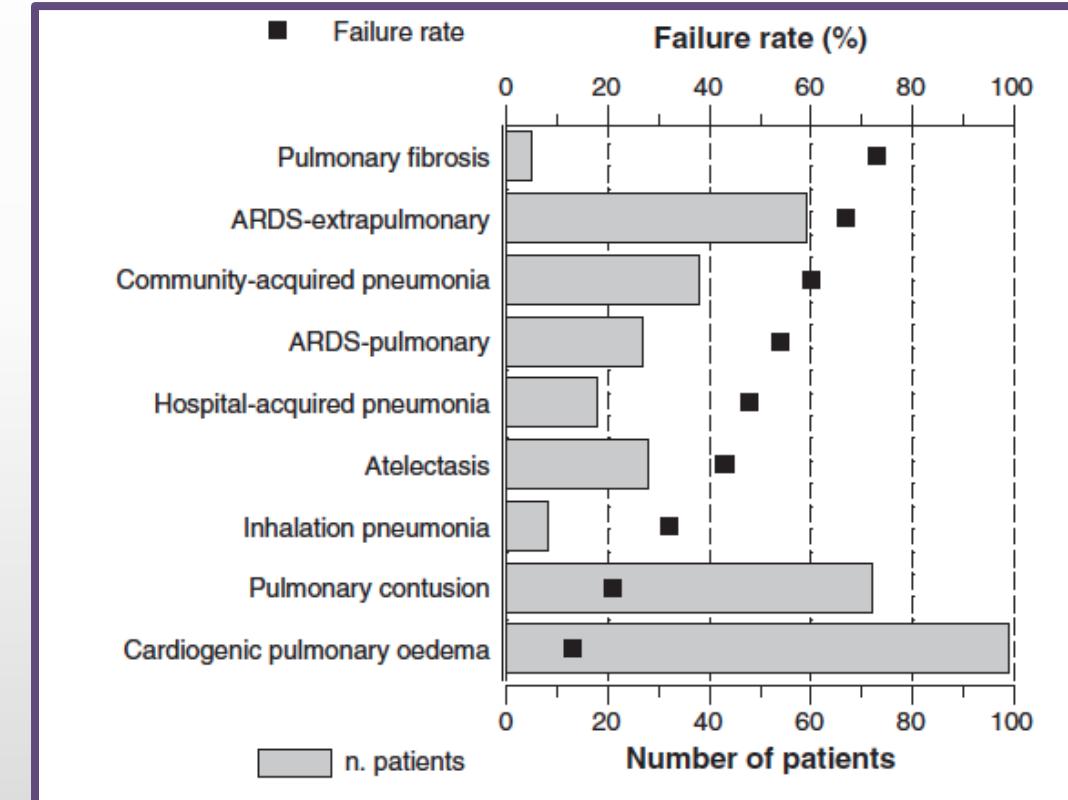


Non-Invasive Ventilation in Acute Respiratory Failure due to
pneumonia

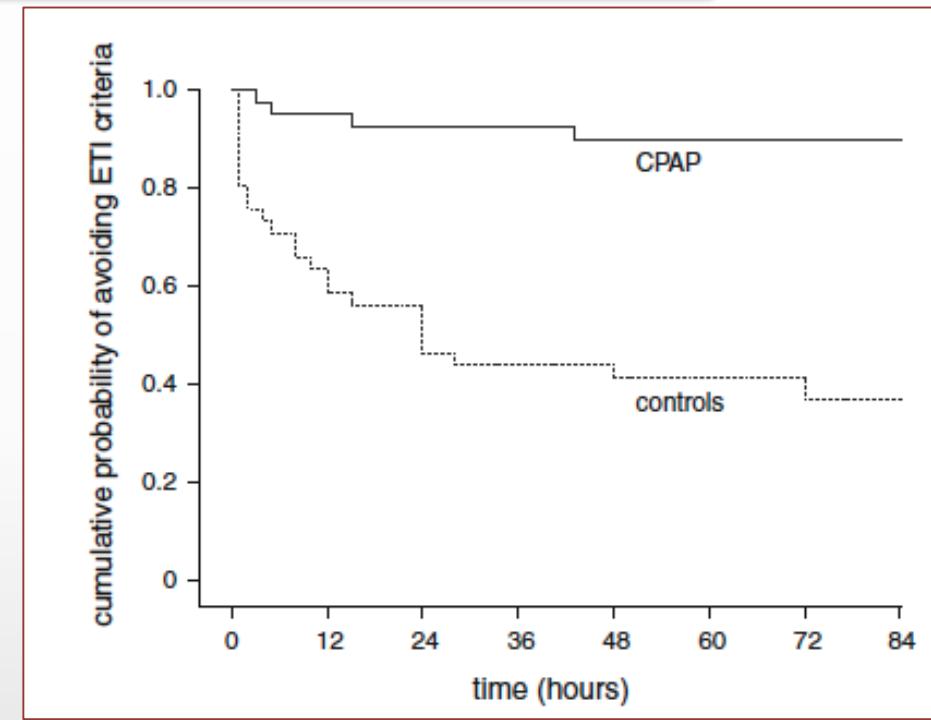
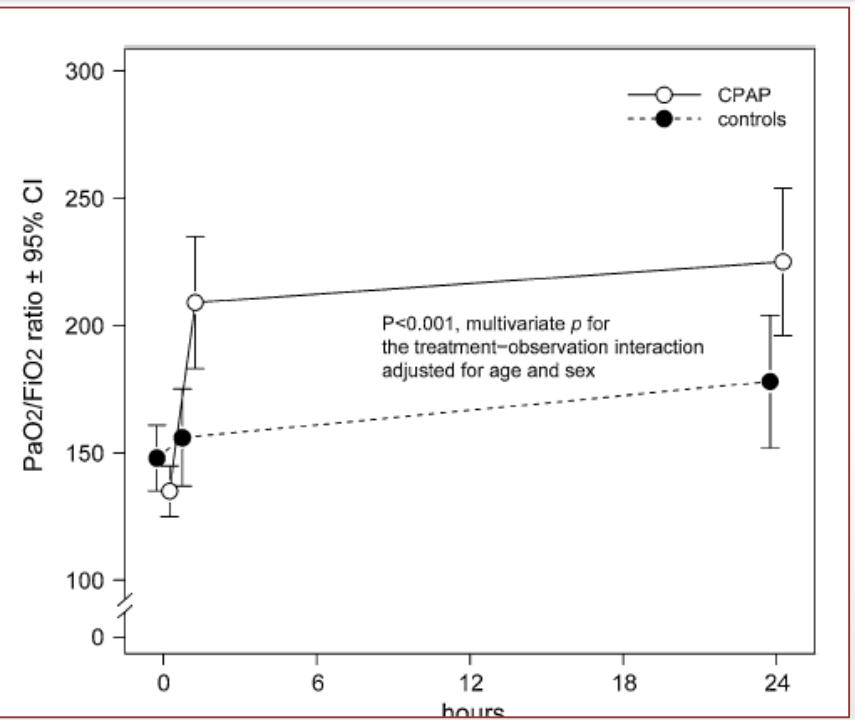
The use of non-invasive ventilation during acute respiratory failure due to pneumonia[☆]

Miquel Ferrer ^{a,*}, Roberto Cosentini ^b, Stefano Nava ^c

- Αμφιλεγόμενο όφελος
- Καλύτερη απάντηση έχουν αυτοί με προϋπάρχον καρδιακό ή αναπνευστικό νόσημα
- Χρήση NIV σε CAP πάντα με στενή παρακολούθηση του ασθενούς
- Αποτυχία NIV- καθυστέρηση διασωλήνωσης- μείωση επιβίωσης



Helmet CPAP vs. oxygen therapy in severe hypoxemic respiratory failure due to pneumonia



Characteristic	CPAP group (n = 40)	Control group (n = 41)	p
In-hospital mortality, n (%)	2 (5.0)	7 (17.1)	0.155 ^c
Hospital length of stay, median (IQR) days ^a	14.5 (10.8–24.3) n = 38	14.0 (10.0–16.0) n = 34	0.122 ^d
Discomfort to device, n (%)	6 (15.0) ^b	2 (4.9)	0.155 ^c



Oxygen therapy for pneumonia in adults.

Zhang Y¹, Fang C, Dong BR, Wu T, Deng JL.

- Metanalysis 3 RCTs, 151 pts Non-Invasive Ventilation and oxygen therapy via venturi mask
- Non-Invasive ventilation
 - ↓ need for ETI ($OR\ 0.28, 95\% CI:\ 0.09-0.88$)
 - ↓ mortality ($OR\ 0.26, 95\% CI:\ 0.11-0.61$)
 - ↓ Length of ICU stay ($OR\ -1.00, 95\% CI:\ -2.05\ to\ -0.05$)



Outcomes and predictors of failure of non-invasive ventilation in patients with community acquired pneumonia in the emergency department^{☆,☆,☆}

Amjad Al-Rajhi, MD^a, Anwar Murad, MD^a, P.Z. Li, MSc^b, Jason Shahin, MSc^{a,b,c,*}

^a Department Critical Care Medicine, McGill University, Montreal, Quebec, Canada

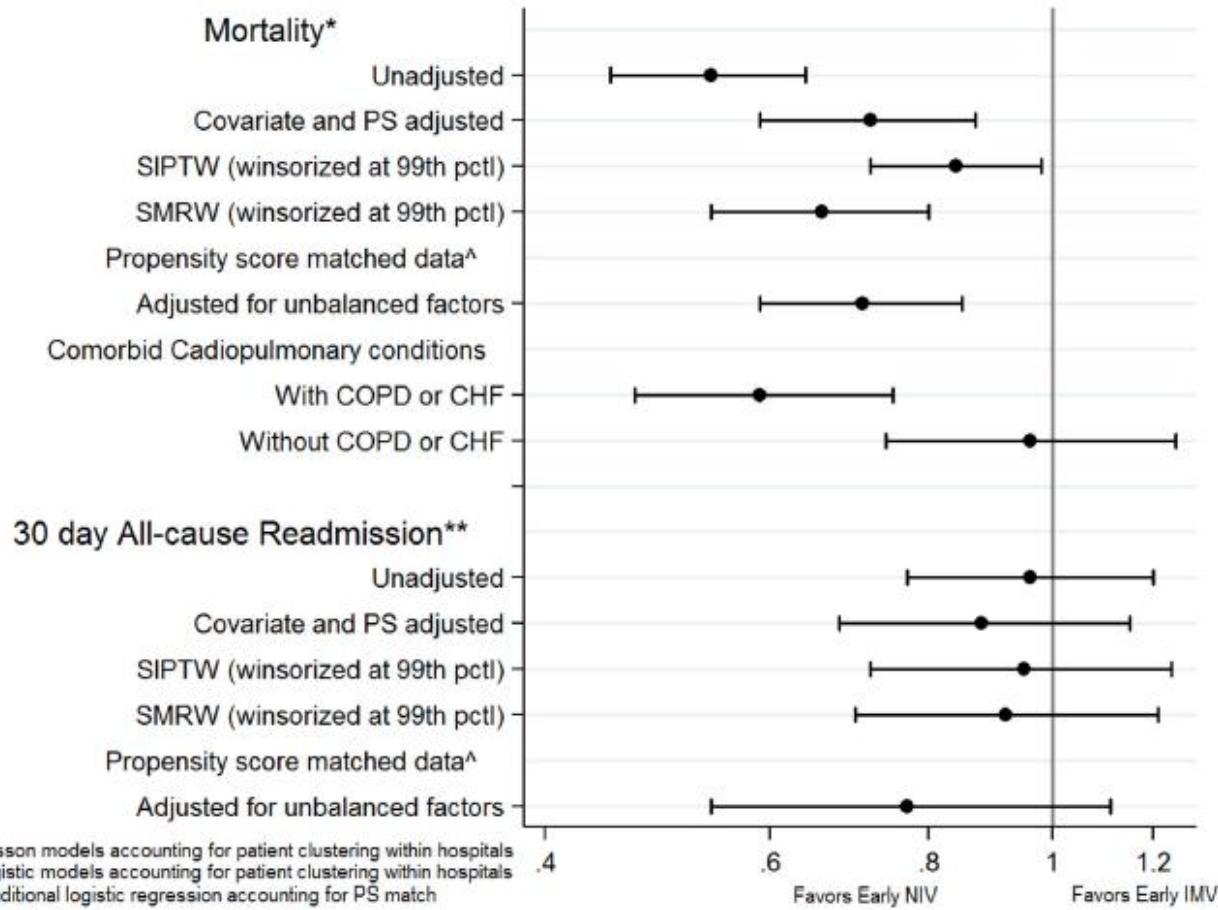
^b Respiratory Epidemiology Clinical Research Unit, Montreal Chest Institute, Montreal, Quebec, Canada

^c Department of Medicine, McGill University, Montreal, Quebec, Canada

Am J Emerg Med 2018 ;36(3):347-351

Hemodynamic support is a strong predictor of NIV failure

Characteristics	Whole NIV cohort (163)	Successful NIV (81)	Failed NIV (82)	p-Value ^a
Demographics				
Mean age, n (SD)	73(13)	75(13)	71(13)	0.02
Male sex, n (%)	101(62)	49(60.5)	52(63.4)	0.70
Acute severity of illness				
Mean APACHE II score (SD)	13.4(6.7)	12.7(6)	14.2(7.2)	0.21
Severe comorbidities n (%)				
Any prior illness	154(94.5)	79(97.5)	75(91.5)	0.09
Severe cardiovascular disease	43(26.4)	25(30.9)	18(22)	0.20
Severe respiratory disease	29(17.8)	17(21)	12(14.6)	0.30
History of COPD	51(31.3)	35(43.2)	16(19.5)	0.001
Renal disease	27(16.6)	15(18.5)	12(14.6)	0.51
Chronic liver disease	6(3.7)	3(3.7)	3(3.7)	0.99
Hematologic malignancy	5(3.1)	3(3.7)	2(2.4)	0.64
Metastatic disease	16(9.8)	7(8.6)	9(11)	0.62
Immunological dysfunction	17(10.4)	5(6.2)	12(14.6)	0.10
Interstitial lung disease	7(4.3)	2(2.5)	5(6.1)	0.30
Neuromuscular disease	5(3.1)	2(2.5)	3(3.7)	0.70
Dementia	17(10.4)	11(13.6)	6(7.3)	0.20
No. of CXR quadrants affected n (%)				
1	73(44.8)	50(61.7)	23(28.1)	<0.001
2	55(33.7)	22(27.2)	33(40.2)	
3	21(12.9)	7(8.6)	14(17.1)	
4	14(8.6)	2(2.5)	12(14.6)	
Physiological parameters prior to ventilation				
Need for haemodynamic support n (%)	12(7.4)	1(1.2)	11(13.4)	0.003
Mean arterial pressure (SD)	92.3(24.6)	93.3(24.4)	91.3(25)	0.59
Respiratory rate, mean (SD)	30.3(7.8)	30.1(7.2)	30.5(8.4)	0.81
PaO ₂ /FiO ₂ ratio, mean (SD)	145(91.1)	161.3(95.8)	133.1(86.3)	0.10
pH, mean (SD)	7.30(0.10)	7.30(0.10)	7.30(0.20)	0.80
PaCO ₂ , mean(SD)	54.8(26)	58.1(25.4)	51(26.8)	0.02
Mean tidal volume achieved in cc (SD)	575(170.5)	578(175)	572(167)	0.84
Final destination from ED n (%)				
Critical care unit	111(68.1)	32(39.5)	79(96.3)	<0.001
Ward	48(29.4)	45(55.6)	3(3.7)	
Home	4(2.5)	4(4.9)	0(0)	
Acute hospital mortality n (%)				
47(28.8)	13(16.1)	34(41.5)	<0.001	
Median length of hospital stay (IQR)	14(8–26)	10(5–17)	22.5(12–38)	<0.001



Predictors of NIV failure:

- principal diagnosis of ARF
- weight loss
- use of vasopressors in the first 24 hours of admission
- initial admission to ICU

Andres Carrillo
Gumersindo Gonzalez-Diaz
Miquel Ferrer
Maria Elena Martinez-Quintana
Antonia Lopez-Martinez
Noemí Llamas
Maravillas Alcazar
Antoni Torres

Non-invasive ventilation in community-acquired pneumonia and severe acute respiratory failure

	Adj. OR	95% CI	<i>p</i> value	AUC	Optimal cut-off	Sensitivity (%)	Specificity (%)	Likelihood ratio	
								Positive	Negative
Maximum SOFA during NIV	1.442	1.187–1.753	<0.001	0.86	≥7	81	80	4.08	0.24
Worsening X-ray infiltrate 24 h after onset of NIV	84.23	16.74–423.8	<0.001	—	—	77	86	5.58	0.27
Heart rate 1 h after NIV onset, min ⁻¹	1.064	1.029–1.100	<0.002	0.68	≥104	63	67	1.93	0.55
PaO ₂ /FiO ₂ ratio 1 h after NIV onset, mmHg	0.980	0.965–0.996	0.012	0.78	<144	53	91	5.58	0.52
HCO ₃ 1 h after NIV onset, mEq/L	0.802	0.711–0.905	<0.001	0.77	<23	67	68	2.72	0.48

Multivariate analysis of predictors of NIV outcome



Others indication of Non-Invasive Ventilation

NIV in Neuromuscular disorders

- Any elevation of pCO₂
- Do not wait for acidosis to develop
- VC<1lt, RR>20/min EVEN normocapnic
- Intubation should not be delayed if NIV is failing

Lancet Neurol 2006; 5: 140–47
Thorax 2016;71:ii1–ii35.

NIV in pts with ARF receiving palliative care

RCTs in pts with advanced cancer

- Reduce dyspnea
- Reduce the dose of morphine

Official ERS/ATS clinical practice guidelines: noninvasive ventilation for acute respiratory failure

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Recommendation

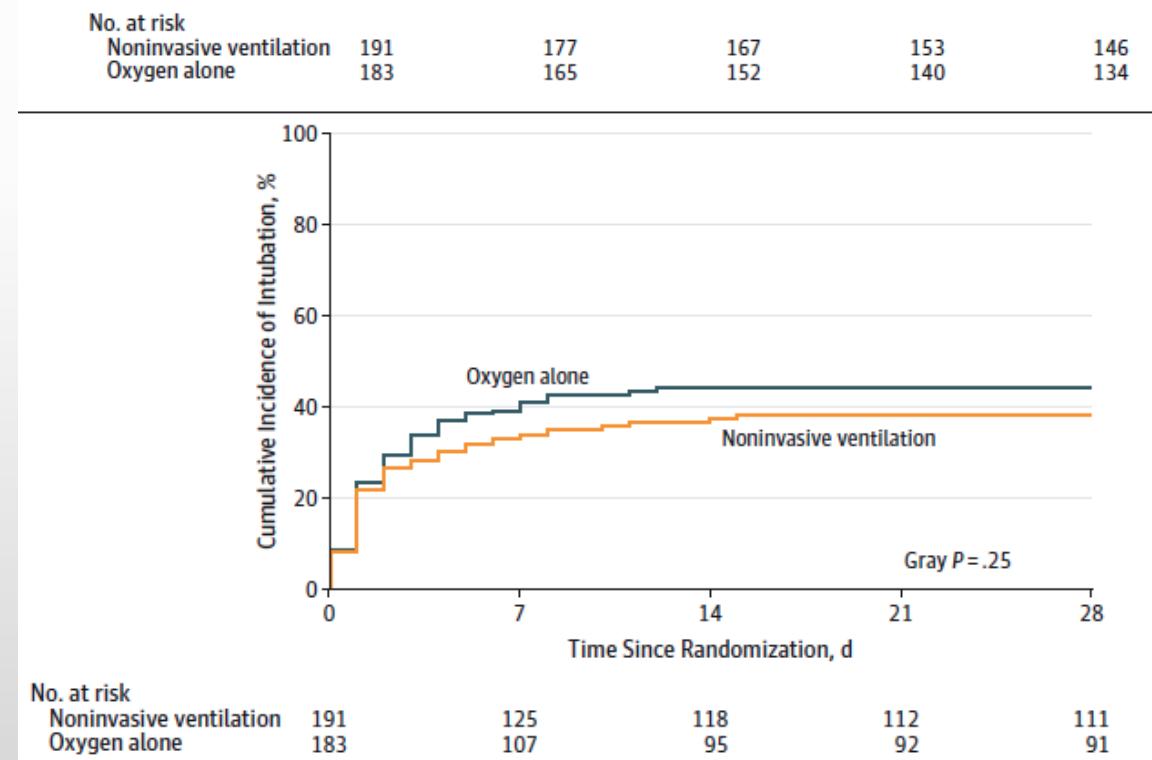
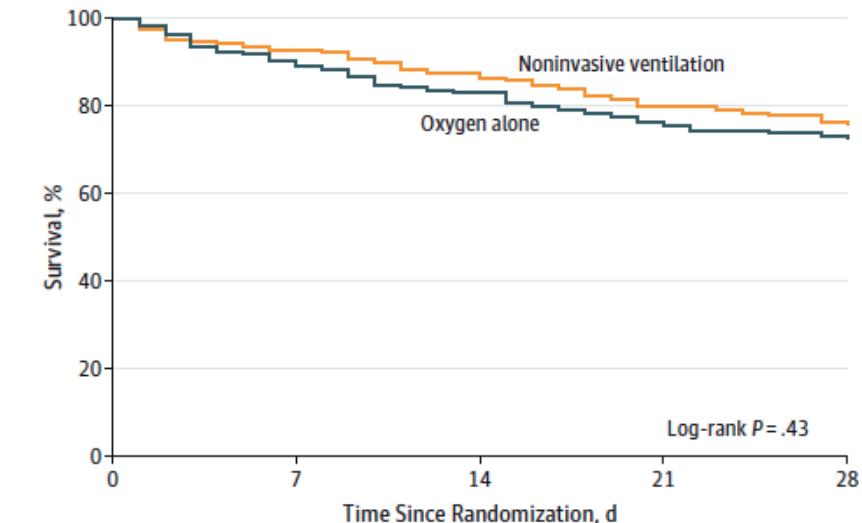
We suggest offering NIV to dyspnoeic patients for palliation in the setting of terminal cancer or other terminal conditions. (Conditional recommendation, moderate certainty of evidence.)

Lancet Oncol 2013; 14: 219–227
Eur Respir J 2017; 50: 1602426

NIV σε ανοσοκαταστολή

Factor	Odds Ratio ^a Point Estimate (95% Confidence Limits)
Initial ventilatory support: Noninvasive Mechanical Ventilation vs. Invasive Mechanical Ventilation	0.73 (0.53–1.00)
Hematologic Malignancy: Admission Diagnosis vs. Comorbidity	1.34 (1.03–1.73)
Admission from Another Intensive Care Unit vs. Medical Ward	0.98 (0.60–1.60)
Admission from Emergency Department vs. Medical Ward	0.66 (0.49–0.88)
Admission from Surgical Ward vs. Medical Ward	0.62 (0.42–0.92)
Acute Lung Injury	1.69 (1.16–2.47)
Adult Respiratory Distress Syndrome	2.09 (1.32–3.31)
Stroke	2.29 (1.11–4.75)
Septic Shock	2.43 (1.61–3.65)
Other Type of Shock	2.16 (1.24–3.76)
Coagulopathy	1.59 (1.13–2.23)
Coma	1.68 (1.05–2.69)
Age	1.01 (1.01–1.02)
Simplified Acute Physiology Score II (each 4-point increase)	4.66 (2.98–7.28)
Propensity score	5.07 (1.40–18.32)

Crit Care Med 2011; 39:000–000



JAMA 2015;314(16):1711-9

Indications for NIV

COPD

pH <7.35
pCO₂ >6.5
RR >23

If persisting after bronchodilators and controlled oxygen therapy

Neuromuscular disease

Respiratory illness with RR > 20 if usual VC <1L even if pCO₂ < 6.5
Or
pH < 7.35 and pCO₂ > 6.5

Obesity

pH <7.35, pCO₂>6.5, RR>23
Or
Daytime pCO₂>6.0 and somnolent

NIV Not indicated

Asthma/Pneumonia

Refer to ICU for consideration IMV if increasing respiratory rate/distress or pH <7.35 and pCO₂ >6.5

Contraindications for NIV

Absolute

Severe facial deformity
Facial burns
Fixed upper airway obstruction

Relative

pH <7.15
(pH <7.25 and additional adverse feature)
GCS <8
Confusion/agitation
Cognitive impairment (warrants enhanced observation)

Indications for referral to ICU

AHRF with impending respiratory arrest

NIV failing to augment chest wall movement or reduce pCO₂

Inability to maintain SaO₂ > 85-88% on NIV

Need for IV sedation or adverse features indicating need for closer monitoring and/or possible difficult intubation as in OHS, DMD.

NIV SETUP

Mask

Full face mask (or own if home user of NIV)

Initial Pressure settings

EPAP: 3 (or higher if OSA known/expected)

IPAP in COPD/OHS/KS 15 (20 if pH <7.25)

Up titrate IPAP over 10-30 mins to IPAP 20–30 to achieve adequate augmentation of chest/abdo movement and slow RR

IPAP should not exceed 30 or EPAP 8* without expert review

IPAP in NM 10 (or 5 above usual setting)

Backup rate

Backup Rate of 16-20. Set appropriate inspiratory time

I:E ratio

COPD 1:2 to 1.3
OHS, NM & CWD 1:1

Inspiratory time

0.8-1.2s COPD
1.2-1.5s OHS, NM & CWD

Use NIV for as much time as possible in 1st 24 hours.
Taper depending on tolerance & ABGs over next 48-72 hours

SEEK AND TREAT REVERSIBLE CAUSES OF AHRF

* Possible need for EPAP > 8

Severe OHS (BMI >35), lung recruitment eg hypoxia in severe kyphoscoliosis, oppose intrinsic PEEP in severe airflow obstruction or to maintain adequate PS when high EPAP required

NIV Monitoring

Oxygenation

Aim 88-92% in all patients

Note: Home style ventilators CANNOT provide >50% inspired oxygen.

If high oxygen need or rapid desaturation on disconnection from NIV consider IMV.

Red flags

pH <7.25 on optimal NIV
RR persisting >25
New onset confusion or patient distress

Actions

Check synchronisation, mask fit, exhalation port : give physiotherapy/bronchodilators, consider anxiolytic

CONSIDER IMV

